



DEPARTMENT OF THE ARMY
UNITED STATES ARMY CADET COMMAND AND FORT KNOX
204 1ST CAVALRY REGIMENT ROAD
FORT KNOX, KY 40121

ATCC-ST

30 April 2026

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Cadet Summer Training (CST) Policy Memorandum 31- Requirements for Class 1A Flight Physicals at Cadet Summer Training

1. References:

- a. AR 40-501, Chapter 4, Medical Fitness Standards for flying duty 27 June 2019.
- b. Aeromedical Policy Letters (APL) guide, <https://aero.health.mil> (updates regularly)

2. Purpose: To establish the minimum requirements for Cadets to receive flight physicals while attending Advanced Camp (AC).

3. Scope: These guidelines are applicable to all AC Cadets applying for Class 1A Flight Physicals to be conducted at Cadet Summer Training (CST).

4. Background: To ensure that Cadets most likely to branch into Aviation are able to receive Class 1A Flight Physicals administered at AC, and that the flight surgeons who support CST are effectively utilized, the below requirements were established. Professors of Military Science (PMS) should strictly monitor the Cadets who request a flight physical. It is imperative that PMSs do not routinely advise all Cadets to take a Class 1A flight physical. Given the high volume of flight physicals performed at AC, these requirements will remain in place.

a. Eligibility Requirements to take Class 1A Flight Physical at AC:

- (1) Cadets must be in the current accession year group that will be considered for branching by the Department of The Army/Reserve Officer Training Corp Selection and Branching Board.
- (2) Cadets enrolled in ROTC programs located more than 125 miles from the nearest medical treatment facilities and who have a Selection Instrument for Flight Training (SIFT) score of at least 40 may complete a Class 1A flight physical at AC. Exceptions will be considered and granted by the Command Surgeon, United States Army Cadet Command, on a case-by-case basis.
- (3) Cadets must indicate the desire to branch Aviation by requesting Aviation in the top three active-duty branch preferences prior to the annual Selection and Branching

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Board. This requirement applies to out of cycle commissioning Cadets desiring Aviation, provided they otherwise meet commissioning requirements.

(4) Basic Camp (BC) Cadets are not authorized a Class 1A flight physical.

(5) Flight Training Qualification Tests.

a. As of January 2013, the only test that is accepted for branching into Aviation is the SIFT. The Accessions and Standards Division (ASD) Deputy Command Surgeon, G1, and USACC will only accept the SIFT score.

b. Forty is the minimum qualifying SIFT score required to be eligible to receive a flight physical at AC.

c. NLT 10 May 2026, the Cadet's SIFT score must be entered in the CCIMMS Training Module.

(6) Flight Physical Request Memo:

a. The PMS will complete a memo requesting a Class 1A Flight Physical at AC using the enclosed memorandum template.

b. NLT 10 May 2026, the completed Flight Physical Request Memo and a copy of the SIFT score must be loaded into CCIMM under the document management tab.

5. Cadets who fail to meet any of the requirements listed in paragraph 4.a. will not be given a Class 1A Flight Physical at AC. Exceptions will be considered and granted by the Command Surgeon, USACC, on a case-by-case basis.

6. The Point of Contact (POC) for information regarding exceptions and scheduling of CST Flight Physicals is the Command Surgeons Assistant, at 502-624-2812 or usarmy.knox.usacc.mesg.hq-ss-surgeon-assistants@mail.mil. The POC for information on accessions process requirements is Mr. McKinley, Accessions and Standards Division Management Analyst, DCG G1 at (502) 624-1402.

Encl

SHERMAN C. WATSON
COL, FA
Commandant

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CA

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Enclosure 1: Sample Flight Physical Request Memo

MEMORANDUM FOR Command Surgeon, USACC, Fort Knox KY, 40121

SUBJECT: Request for Class 1A Flight Physical at Advanced Camp (AC)

1. Request a Class 1A Flight Physical for (Cadet's Full name) from the (School Name).
2. Cadet took the Selection Instrument for Flight Training (SIFT) on (date) with a score of.
3. The SIFT Score was entered in CCIMS Training module on (date).
4. The Cadet is not attending Basic Camp (BC) during Cadet Summer Training (CST)
5. The Cadet is commissioning NLT 18 months after the flight physical is taken.
6. The Cadet is enrolled in a ROTC program located more than 125 miles from the nearest medical treatment facility and has a SIFT score of 40 or above.
7. I have discussed with this Cadet his/her desires to branch aviation and based on their performance, as the Cadet's PMS, he/she has demonstrated the potential to branch aviation.
8. The point of contact for this memorandum is the undersigned at email and phone number.

PMS Name
Rank, Branch Title