



DEPARTMENT OF THE ARMY
UNITED STATES ARMY ROTC CADET SUMMER TRAINING DETACHMENT
1ST CAVALRY REGIMENT ROAD
FORT KNOX, KENTUCKY 40121-5123

ATCC-ST

30 April 2026

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Cadet Summer Training (CST) Policy Memorandum 5 - Alcohol, Tobacco, and Other Prohibited Item Use

1. References:

- a. Army Regulation (AR) 600-63, *Army Health Promotion*, 15 April 2026.
- b. AR 215-1, *Military Morale, Welfare, and Recreation Programs and Nonappropriated Fund Instrumentalities*, 24 September 2010.
- c. Executive Order 13058, *Protecting Federal Employees and the Public from Exposure to Tobacco Smoke in the Federal Workplace*, 9 August 1997.
- d. Memorandum, Office of the Under Secretary of Defense, *Adoption of Punitive General Orders to Address Use of Hemp Products*, 26 February 2020.
- e. Memorandum, Department of the Army, Office of the Deputy Chief of Staff G-1, *Update to the Department of the Army Drug Test Panel: Tetrahydrocannabinol Delta-8*, 7 July 2021.
- f. AR 145-1, *Senior Reserve Officers' Training Corps Program: Organization, Administration and Training*, 29 May 2025.

2. Purpose. To provide guidance on the permissible and impermissible use of alcohol, tobacco, and consumable energy products during CST.

3. General. It is Army policy to maintain a workplace free from alcohol and exposure to tobacco smoke.

- a. Cadet use and possession of any alcohol, tobacco products, nicotine products, energy drinks, or other energy products (e.g., caffeine pills, etc.) during CST26 is strictly prohibited. Although Army policies permit smoking, tobacco, and nicotine use in designated areas, I hereby prohibit Cadet use of all said products during CST.
- b. Per reference e., this policy is to ensure awareness of the addition to the Army Drug Test Panel of Tetrahydrocannabinol Delta-8 and Delta-9, THC and prohibited

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use of illegal substance use. Delta-8 THC is a psychoactive substance found in the Cannabis saliva plant, of which marijuana and hemp are two varieties. Both are now being sold as an ingredient in various products such as vape liquids.

- c. ROTC Cadets that violate this policy and/or its references may face disenrollment under provisions of AR 145-1, para. 10-2.(11), if it is discovered that a fact or condition exists that will remove a Cadet from appointment as a commissioned officer, to include a positive urinalysis for drug and alcohol abuse.
- d. Cadets should make every effort to discontinue use of tobacco and nicotine products prior to reporting to CST26.
- e. Cadre are not permitted to smoke or otherwise use any tobacco or nicotine products in the presence of or within sight of Cadets; they are also not permitted to use tobacco or nicotine while on committee training sites during CST26.
- f. All personnel are reminded there is no smoking in the billets, government buildings, or government vehicles at Fort Knox. Smoking is prohibited within 50 feet of all building openings including walkways, doorways, air or ventilation intake systems, entryways, and windows. All cigarette butts will be disposed of in appropriate receptacles in designated smoking areas.
- g. Soldiers who are of legal age may consume alcohol after the individual's duty hours during CST. On-duty status extends to any activity or event where they represent or may reasonably be presumed to represent USACC or their unit.
- h. All Soldiers must recognize that they are personally responsible for their actions and must consider the conditions under which to choose to consume alcoholic beverages. Likewise, they must understand that their actions reflect on the professional reputation of the U.S. Army.
- i. At no time may underage persons, regardless of status, consume alcoholic beverages.
- j. Use of electronic cigarettes in Fort Knox buildings or other non-designated smoking areas is prohibited. E-cigarettes are products designed to deliver nicotine or other substances to a user in the form of a vapor, and a smoke-like vapor cloud is typically emitted when the user exhales. The vapor from e-cigarettes has been found by the U.S. Food and Drug Administration to contain detectable levels of several known carcinogens and toxic chemicals to which users and others could potentially be exposed. Due to the nature, appearance, and safety concerns of e-cigarettes, they are in the same category of tobacco products whose use is governed by AR 600-63, Army Health Promotion, Chapter 7, Environmental Health.

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- k. Consumption of any beverage or other product that has been enhanced or fortified to provide the consumer with energy is strictly prohibited for all CST26 Cadets. Energy drinks, caffeine pills, and similar items are not compatible with the CST26 training environment, regardless of their sale and/or availability on Fort Knox installation.
4. A list of other prohibited items and actions is included in Enclosure 1 (Cadet Summer Training 2026 Amnesty Brief)
5. Soldiers who violate the provisions of this memorandum may be subject to punishment under the UCMJ, as well as to adverse administrative action, including the initiation of any mandatory separation action under applicable regulations. Civilian personnel who violate the provisions of this memorandum may be subject to administrative action, up to and including termination.
6. The POC for this memorandum is the Deputy G37, Mr. Shawn Bowers, shawn.m.bowers.civ@army.mil.

SHERMAN C. WATSON
COL, FA
CST Commandant

Enclosure
Cadet Summer Training 2026 Amnesty Brief

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CADET SUMMER TRAINING 2026 AMNESTY BRIEF

1. **Prohibited Items:** Cadets having possession of prohibited items listed below will have the item confiscated and reported to the CST Chain of Command.

a. Weapons or ammunition of ANY type. No knives with blades longer than three (3) inches.

(1) Disposition of confiscated weapons and/or ammunition will be determined by the appropriate authorities.

b. Any pornographic material will be destroyed.

c. Alcoholic beverages.

(1) Alcohol consumption by Cadets is prohibited during CST.

d. Sexual activities are prohibited during CST.

2. **Unauthorized Items. (Stored until completion of CST)**

a. Metabolic enhancers, stimulants, and creatine supplements of ANY kind are prohibited and will be stored for the duration of CST.

b. Expensive watches or jewelry valued over \$150.

c. Nicotine or tobacco products of any type.

d. Tanker Boots, zipper boots and all cold weather boots will be confiscated and stored until completion of CST.

e. Large amounts of cash (more than \$500).

f. Contact Lenses.

g. Cell Phones. Cadets will be allowed to retain cell phones for use after the duty day in garrison only. Cadet cell phone use will be managed by CST cadre.

h. All medications must be declared on DA Form 2807-1. Prescription medications will always remain in the Cadet's control.

(1) All medications must be in the original labeled container (over the counter or prescription-to include birth control pills) prescribing the medication.

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(2) Sharing of prescription drugs between individuals is illegal by both state and federal law. Cadets participating in the giving or receiving of prescription medications will be disciplined accordingly.

(3) Category III and IV controlled substances will be reviewed by medical cadre in addition to Over-the-Counter (OTC) medications. OTC medications for pain or allergies will remain with Cadets for ongoing use as intended and approved by the Food and Drug Administration (FDA); however, Cadets should be aware of the potential for the medication to mask symptoms of disease or injury.

(4) Cadets concerned about allergies in the field environment should discuss this with the physician during their medical examination at CST.