



Soldier and Family Programs Newsletter

U.S. Army Cadet Command:
Leadership Excellence

April-June 2025, 3rd Quarter FY25



MISSION

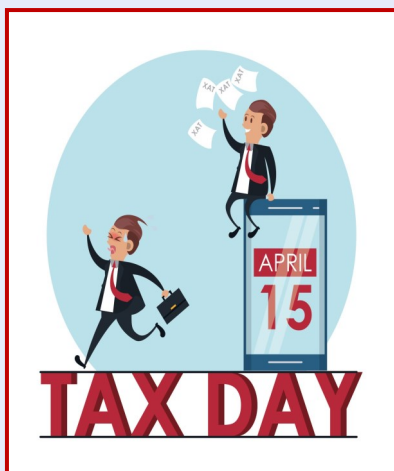
USACC partners with universities to recruit, educate, train, and commission leaders of character for the Total Army and partners with high schools to develop accomplished, responsible citizens who value service to their communities.



TAX DEADLINE



TUES, 15 APRIL 2025



- Gather documents
- Deduct charitable donations
- Claim casualty losses from disasters
- Know about tax deductions for Reservists
- Retirement plan contributions
- Get automatic tax extensions when you're deployed



Internal Revenue Service: <https://www.irs.gov>

FreeTaxUSA: <https://www.freetaxusa.com>



Miltax: Free Tax Filing Software & Support
CALL 1-800-342-9647 24/7 help



Children are our nation's most precious resource. April-Child Abuse Prevention Month— is a great time to get engaged. If you're a parent, find healthy ways to manage: walk it off, count to ten or find another way to blow off steam. Know the signs of abuse or neglect.

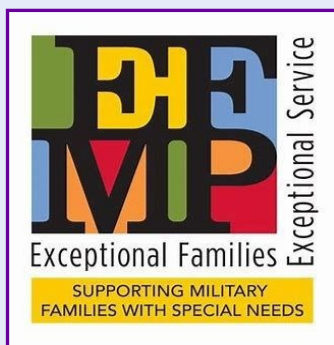
Purple Up: Sweepstakes: Win a \$500 gift card! Entries close April 26th.

ENTER NOW



Purple Up— Wear Purple on Wed: 23 April

FAMILY ADVOCACY PROGRAM (FAP): Need help to find your local FAP office? Please contact Soldier and Family Programs at (502)624-6239/7219 or [Military Onesource Military Family Advocacy Program \(FAP\)](#)



Exceptional Family Member Program

See What's New with EFMP

- Assignment
- Identification
- Respite care services
- EFMP Family Support

<https://myaccess.dmdc.osd.mil/identitymanagement/app/login>



W

TRICARE West Region
TriWest Healthcare
Alliance
888-TRIWEST
(888-874-9378)
www.tricare.mil/west

TRICARE News and Updates



E

TRICARE East Region
Humana Military
800-444-5445
www.tricare.mil/east



Easy ways to get started with home delivery

3



Register



Download



Ask your doctor!
90-day supply

STEP FORWARD

Prevent. Report. Advocate.



WHEN WE PROTECT OUR PEOPLE, WE STRENGTHEN OUR ARMY.



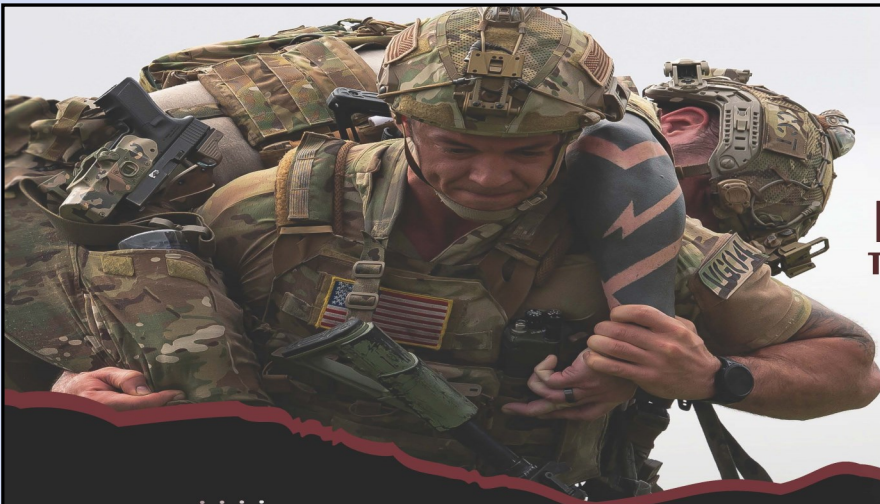
Nationwide, April is recognized as Sexual Assault Awareness and Prevention Month. This year the Army's theme for its SAAPM campaign is "STEP FORWARD. Prevent. Report. Advocate." The 2025 campaign is a call to action for all individuals to use their personal and collective strength to advance meaningful change in preventing and responding to sexual violence. A culture of prevention builds a healthier and more positive climate, and this requires the participation and commitment of each member of the Army community. CALL the DoD Safe Helpline at 877-995-5247 or visit www.safehelpline.org for 24/7 confidential support or contact the local SHARP hotline.



National Military Appreciation Month (NMAM) is celebrated every May and is a declaration that encourages U.S. citizens to observe the month as a symbol of unity. NMAM honors current and former members of the U.S. Armed Forces, including those who have died in the pursuit of freedom. May is characterized by six national observances highlighting the contributions of those who have served and continue to serve in the defense of our nation.

Six National Military Appreciation Month Observances & Events

Loyalty Day– May 1st
Victory in Europe Day– May 8th
Military Spouse Appreciation Day– May 9th
Public Service Recognition Week– May 10th
Armed Forces Day– May 17th
Memorial Day– May 26th



RESILIENCE

The glue of the forces

ARMY'S R2 STRATEGY

The Army's Ready and Resilience (R2) strategy is dedicated to fortifying the personal readiness and trust within our units and Families. Join us for an insightful class to discover how R2 provides essential training and resources to enhance resilience and optimize performance for you and your loved ones. All Army Family members are welcome! Let's build a stronger, more resilient community together

WHO: SOLDIERS AND THEIR FAMILY MEMBERS

WHAT: R2 READY AND RESILIENT

WHEN: APRIL 15 @ 1300-1430 EST

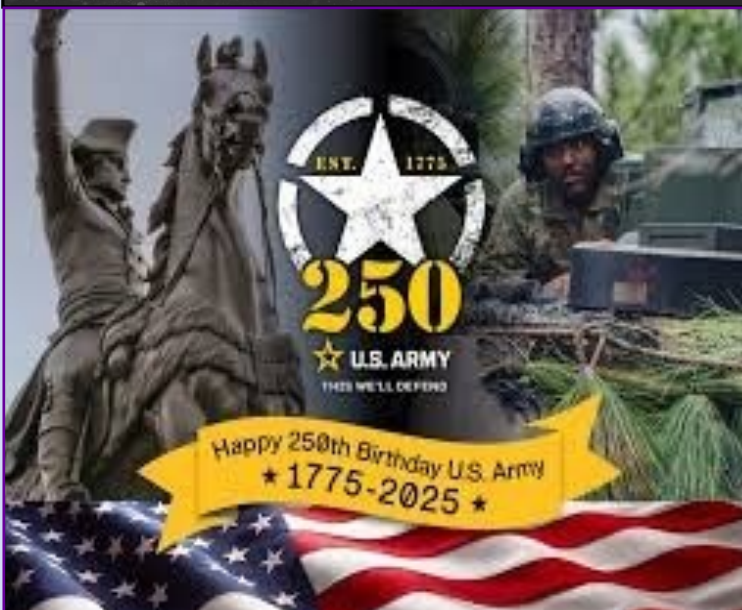
**WHY: -OVERVIEW OF READY AND RESILIENT
-R2 PERFORMANCE CENTER CAPABILITIES
-SPECIALIZED TRAININGS
-MASTER RESILIENCE TRAINER INFO**

**POC: MR. ANTHONY WILLIAMS
USACC, G1 SOLDIER AND FAMILY PROGRAMS
SOCIAL SERVICES SUPPORT SPECIALIST
PHONE: (502)-624-6206**



JOIN THE MEETING NOW

GRAPHICS: G5 /BRANDY BROOKS : DESIGN: G1/ EMILY PERRINE



Military Observances & Events in June 2025

D-Day Invasion Anniversary– June 6th
Flag Day– June 14th
Army's 250th BIRTHDAY– June 14th
Juneteenth– June 19th
Coast Guard Auxiliary Birthday– June 23rd
Anniversary of the start of the Korean War– June 25th
National PTSD Awareness Day– June 27th





The U.S. Army Combat Readiness Center (USACRC) is excited to have kicked off

Spring and Summer Safety Campaign , aimed at promoting awareness and preventing mishaps during the warmer months.

Spring and summer are the Army's deadliest times of year for mishaps for both on and off duty. From FY20 to FY24, the Army lost an average of 82 Soldiers each year in off duty mishaps. That's over three times the number of Soldiers lost to duty mishaps.

The theme for the summer campaign, continued from the winter campaign that just ended, is **"BE AWARE. PREPARE. TAKE CARE."** These five words can serve as a reminder to enjoy the season to its fullest while keeping health and safety a top priority. Full article: <https://safety.army.mil/summer-safety>

MOTORCYCLES/ HEAT/ WATER/ HIKING/ PEDESTRIAN



Break Free: Are drugs controlling YOU, or someone you may know? Get the help you deserve

HELPFUL RESOURCES

Department of Veterans Affairs (VA) – Substance Use Treatment:
800-827-1000

National Institute on Drug Abuse (NIDA)-Veterans Resources: 800-662-4357

Military OneSource: 800-342-9647

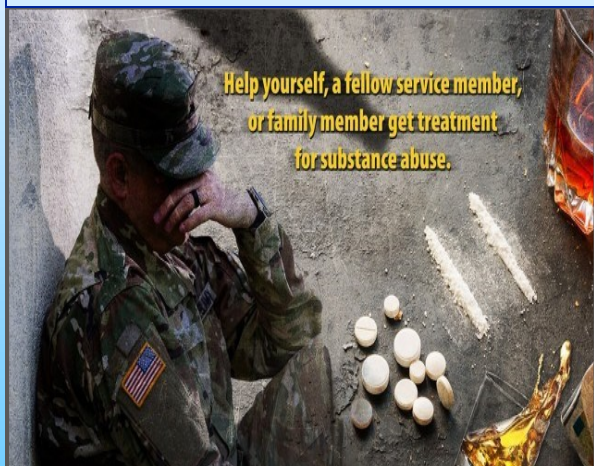
TRICARE Behavioral Health Services: 877-TRICARE/877-874-2273

The National Guard – Substance Abuse Services: 800-347-2688

The American Addiction Centers (AAC) – Military Programs: 888-608-6572

The Veterans Crisis Line: 800-273-8255 (PRESS 1), TEXT (838255)

Strengthening the Army Community Through Substance Misuse Prevention Treatment Options: Mia Holloman, Directorate of Prevention, Resilience and Readiness



Spouse Employment Resources



The [Spouse Education and Career Opportunities](#) program (SECO) was created specifically for military spouses— to connect you with tools, including education and training help, career counseling and exploration, and much more. You'll find practical tools to help you advance in your career no matter what stage you're in. The SECO program provides expert education and career guidance to military spouses worldwide. To connect with a SECO career coach, call Military OneSource at 800-342-9647. For more information, visit <https://myseco.militaryonesource.mil>.

With a MySECO account, military spouses are eligible for a **free** year of [LinkedIn Premium](#) to help with job searches, networking and more. You can also sign up for the quarterly "Leveraging LinkedIn Premium" webinar for tips on using LinkedIn Premium.

[Military Spouse Employment Partnership \(MSEP\)](#) -

MSEP currently has more than 700 partners, who have hired more than 275,000 military spouses. <https://msepjobs.militaryonesource.mil/msep/>



The [My Career Advancement Account Scholarship \(MYCAA\)](#) is a workforce development program that provides eligible military spouses with up to \$4000 in financial assistance for licenses, certifications, national tests or associate degrees to pursue an occupation or career field.

[GET STARTED](#)



USAJobs is the United States government's website for listing civil service job opportunities with federal agencies. Federal agencies use USAJOBS to hot job openings and match qualified applicants to those jobs. <https://www.usajobs.gov/>



Soldier and Family Programs

Army Substance Abuse Program (ASAP)

Suicide Prevention/Awareness:

Family Advocacy Program (FAP)

Army Family Action Plan (AFAP)

Military and Family Life Counseling Program (MFLC)

Relocation Assistance/ Leased Government Housing

Financial Readiness

Exceptional Family Member Program:

TRICARE & TRICARE 708

Spouse Employment Resources

Child, Youth and School Services



We offer concierge services to help locate resources.

We have a lot of resources at our disposal, and offer concierge services to help locate resources for our Service Members and Families. Since you will be busy and not have time to look up resources, let us help your Family adjust to life without access to installation support services. Please email or call, if you need any assistance.

Usarmy.knox.usacc.mesg.hq-g1-soldier-and-family-programs@army.mil

usarmy.knox.usacc.mbx.usaccclgh@army.mil

[502-624-6239/7219/7215/6202](tel:502-624-6239)

Leased Government Housing

Pets are Welcome !



Application Process

IT'S AS EASY AS

1 2 3

1. Gather Documents
2. Submit Documents
3. Wait for approval

* Provided vacancy exist and meet required criteria

**Some pet restrictions apply

Usarmy.knox.usacc.mbx.usaccclgh@army.mil

Total Army Sponsorship Program

Having a sponsor when PCSing (Permanent Change of Station) can significantly ease the transition to a new duty station by providing a friendly face, local knowledge, and guidance on various aspects of settling in, from housing and childcare to community activities and employment. Timeliness with a sponsor can make or break a PCS experience.



Good sponsorship promotes:

- Adaptation
- Morale
- Readiness
- Successful adjustments for newcomers
- Well-being

If you are a Soldier or Family member looking for more information on TASP or for the Sponsorship Awareness Course, visit the Army Resilience Directorate

TASP web page (<https://www.armyresilience.army.mil/TAST/index.html>)
eSponsorship Application & Training, or eSAT

Brigade S1 Contacts

1st BDE: 502-624-1448

2nd BDE: 609-562-3721

3rd BDE: 847-668-3328 (EXT. 131)

4th BDE: 910-432-4982

5th BDE: 210-295-0861

6th BDE: 912-315-8482

7th BDE: 502-624-5328

8th BDE: 253-967-1579

HHD: 502-624-1043

Soldier and Family Contacts

Division Chief	502-624-5297
Drug Test Coordinator	502-624-6206
SFP Support Coordinator	502-624-7219
SFP Support Coordinator	502-624-6239
Social Services Specialist	502-624-7215

Newsletter Publisher– Tina Leaitu
Mat-Inc. Contractor

Other platforms Soldiers and Families can contact SFP at:

Cadet Command Website:

<https://armyrotc.army.mil>

Cadet Command Soldier and Family Programs

Webpages: [Soldier & Family Programs \(army.mil\)](https://army.mil)

Cadet Command Soldier and Family Programs

Facebook Group:

Email Address: Usarmy.knox.usacc.mesg.hq-g1-soldier-and-family-programs@army.mil



Behind the scenes: USACCG1/MPD



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