



DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY CADET COMMAND AND FORT KNOX
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ATCC-PAP (600-92a)

MAR 18 2025

MEMORANDUM FOR

Commanders, All Units Reporting Directly to this Headquarters
Deputy Chiefs of General Staff and Chiefs of Special Staff Offices, HQ USACC

SUBJECT: Policy Memorandum 15 – Promoting Health, Reducing Risk, and Suicide Prevention

1. References:

- a. Army Regulation (AR) 600-63, Army Health Promotion
- b. Army Regulation (AR) 600-92, Army Suicide Prevention Program
- c. Department of the Army Pamphlet 600-24, Health Promotion, Risk Reduction, and Suicide Prevention

2. Suicide is a serious and growing public health concern that affects our formations. It is essential to acknowledge the importance of suicide prevention and the role that each of us can play in supporting those who may be struggling with suicidal thoughts or behaviors. This requires a comprehensive and proactive three-phase approach to suicide prevention, intervention, and postvention to reduce the risk of suicide and promote overall well-being.

3. Prevention efforts aim to reduce the risk of suicide through a range of educational, training, and outreach activities. Focus on educating our formation on mental health, warning signs of suicide, and the importance of seeking help. Foster a culture that encourages open discussions about mental health and reduces stigma around seeking help. Ensure access to mental health resources, such as counseling, therapy, and support groups.

4. Intervention focuses on identifying and supporting individuals at risk of suicide. It is important that personnel know what professional resources (i.e., behavioral health, chaplains, financial planning) are available. In an effort to eliminate negative stigmas, leaders must stress that there will not be any barriers to accessing these professional resources if they are requested or are deemed necessary. Leaders must also encourage personnel to develop strong relationships within their Family, units, and community. Positive relationships promote positive behaviors.

5. Postvention refers to a range of activities supporting individuals and communities after a suicide has occurred. Provide immediate support and resources to those affected by the suicide, including Family, friends, and community members. Support memorials, rituals, or ceremonies to honor the deceased and provide a sense of closure. Conduct a review of the circumstances surrounding the suicide to identify potential risk factors and areas for improvement.

6. Suicide prevention is a "Team Effort" and by implementing these prevention, intervention, and postvention strategies, we can reduce the risk of suicide and promote a culture of support, resilience, and hope.

7. The point of contact is Mr. Anthony Williams, USACC Suicide Prevention Program Coordinator, at 502-624-6206 or anthony.i.williams2.civ@army.mil.

AUTHORITY LINE:

A handwritten signature in black ink, appearing to read 'M. Barnett', with a long horizontal stroke extending to the right.

MAURICE O. BARNETT
Brigadier General, USA
Commanding