# US ARMY CADET COMMAND CADET WELCOME PACKET



# BASIC CAMP

2025

DISTRIBUTION RESTRICTION: APPROVED FOR PUBLIC RELEASE; DISTRIBUTION IS UNLIMITED. USACC, G3, CST Planning Branch.



# DEPARTMENT OF THE ARMY UNITED STATES ARMY ROTC CADET SUMMER TRAINING DETACHMENT 1ST CAVLARY REGIMENT ROAD FORT KNOX, KENTUCKY 40121-5123

ATCC-ST

MEMORANDUM FOR Cadet (Future American Soldier and Leader)

SUBJECT: Basic Camp Cadet Welcome Letter

- 1. As the Cadet Summer Training Commandant, I would like to welcome you to Basic Camp at Fort Knox, Kentucky. This summer will introduce you to the U.S. Army profession and prepare you to meet the challenges ahead in your military career. I feel privileged to witness this critical phase of your journey as you transition towards becoming one of our Army's future leaders.
- 2. Basic Camp is the first step in your preparation and training to commission as a Second Lieutenant. It is your first opportunity to immerse yourself in the Army culture and experience. The individual and collective training tasks learned here are the foundation on which all Soldiering is built. Through information briefs, rigorous training, and specific Soldier skills, the training you will receive will shape and strengthen you both mentally and physically. You have chosen a profession of great meaning and honor requiring steadfast leadership, trust, and resolve. You have an opportunity to be the future of our Army and lead our Soldiers wherever we are called to fight.
- 3. Over the next four weeks, you will receive instruction on physical fitness, character, teamwork, and resiliency. You will be exposed to the Army Leadership Attributes and Competencies through deliberate training and evaluations based on core Soldier skills. The final Field Training Exercise is a culminating event designed to provide a hands-on experience in Army small unit operations.
- 4. During training, you will be pushed beyond your comfort zone, and you will be deliberately challenged. It is important to remember you are not going through this alone you will be part of a team and you have a world class group of cadre to assist.
- 5. I know each one of you possess the skills and determination to meet these challenges and I look forward to training alongside of you this summer.

KING.STEVEN.MIC Digitally signed by KING.STEVEN.MICHAEL.1136204072 Date: 2024.11.27 13:41:03-05'00'

STEVEN M. KING Brigadier General, USA Commandant

# **Table of Contents**

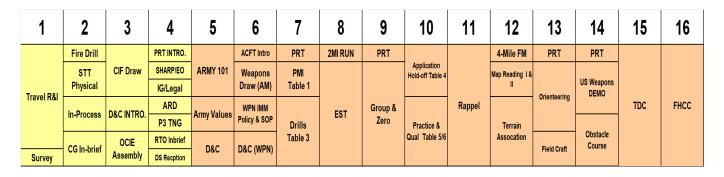
Section 1. COVID Information	4
Section 2. Basic Camp Training Strip	5
Section 3. Typical Training Day	6
Section 4. Graduation Requirements and Performance Evaluation	7
Section 5. Training Events Overview	10
Section 6. Administrative Guidance	12
Section 7. Packing Lists	17

### **Section 1 - COVID Information**

Cadets, cadre, and support personnel that test positive for COVID will be closely monitored and personally engaged to ensure recovery. USACC will set top priority to the Cadets' mental health, physical recovery, and clear communication with the parents throughout the recovery process.

# Section 2 - BC Training Strip

The Cadet Summer Training (CST) strip is divided into four phases: reception; integration; individual task development; tactical phase; and recovery & goal setting. Upon arrival to Fort Knox, Cadets will in-process and attend briefs such as Equal Opportunity (EO), Sexual Harassment/Assault Response and Prevention (SHARP), Army Values, Army history, and a component and accessions brief. Next focus is individual training such as weapon marksmanship and land navigation and prepare for collective tasks in field conditions. To culminate the field training exercise, the Cadets will complete a 6 mile foot march into the Garrison. During recovery & goal setting, Cadets will focus on maintenance of equipment, receive their final counseling, and graduation.



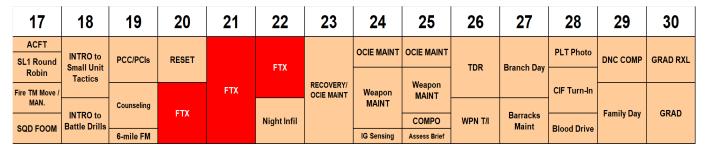


Figure 1- BC Training Strip

# **Section 3 - Typical Training Day**

Typical garrison and field training days at CST consists of the following:

**Garrison Training** 

Time	Activity Description
0500-0530	Wake up, get dressed and make bed
0530-0700	Physical Readiness Training (PRT)
0700-0800	Personal hygiene, clean living area, and breakfast
0800-0900	Move to training by foot or bus
0900-1230	Training
1230-1330	Lunch (movement is integrated into this time as well)
1330-1730	Training
1730-1900	Dinner
1900-2000	Reinforcement Time. Cadets reflect on day's events and receive leadership counseling
2000-2100	Cadet Leader's time
2100-2200	Personal hygiene. Cadets generally use this time for barracks maintenance, uniform
2100-2200	preparation, and academic study for the next day's training
2200	Lights out

Field Training

i ieiu i i aiiiiig	
Time	Activity Description
0500-0530	Wake up, get dressed and make bed
0530-0630	Personal hygiene, clean living area, and breakfast
0630-0700	Move to training by foot or Light Medium Tactical Vehicle (LMTV)
0700-1230	Training small unit tactics
1230-1300	Lunch (movement is integrated into this time as well)
1300-1700	Training small unit tactics
1700-1800	Move to company area by foot or LMTV
1800-1900	Dinner
1900-2000	Reinforcement Time. Cadets reflect on day's events and receive leadership counseling
2000-2100	Cadet Leader's time
2100-2200	Personal hygiene. Cadets generally use this time for barracks maintenance, uniform preparation, and academic study for the next day's training
2200	Lights out

Figure 2- BC Training Day

Cadets are counseled by their chain of command at least three times on their camp performance, leadership assessments, and Basic Camp Evaluation Report (BACER). If there are discrepancies with the BACER, the Cadet must address the discrepancy with the chain of command PRIOR to leaving CST. BACERs will not be changed after a Cadet departs Basic Camp. There are many ways to address your chain of command with any concerns to include use of the open-door policy at the regimental, task force, and Commandant level.

# Section 4 - Graduation Requirements and Performance Evaluation

See Policy Letter 10 for Graduation Requirements and Performance Evaluation



# DEPARTMENT OF THE ARMY UNITED STATES ARMY ROTC CADET SUMMER TRIANING DETACHMENT 1ST CAVALRY REGIMENT ROAD FORT KNOX KY 40121-5123

ATCC-ST 25 Nov 2024

#### MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Cadet Summer Training 2025 (CST25) Policy Memorandum 10 – Basic Camp (BC) Performance and Assessment Criteria

- 1. References.
  - a. USACC Circular 145-5 (Cadet Summer Training).
  - b. Field Manual (FM) 6-22 (Developing Leaders).
- c. HQ USACC, ATCC-ST memorandum (CST Policy Memorandum 17 MS III Leader Mentor Training Guidance).
- d. HQ USACC, ATCC-ST memorandum (CST Policy Memorandum 28 Leadership Development Review Board).
- 2. Purpose. BC provides an opportunity to observe core leader competencies and attributes described by the Army Leadership Requirements Model (ALRM). BC attendance priority goes first to lateral entry Cadets, then Military Junior College (MJC) Cadets, and as space is available Cadets with scholarship potential. This policy outlines the standards of performance Cadets must achieve to complete BC.
- 3. The Professor of Military Science (PMS) may consider a Cadet's performance at BC when determining whether to offer a SROTC contract. At the conclusion of BC, Cadets will receive an overall assessment of their performance on USACC Form 1059-BC (BACER). The purpose of this assessment is to inform the PMS for further professional development.
- 4. BC Cadets will not miss more than 48 hours of training, not to include required rest cycles (seven (7) hours per night as per TRADOC Regulation).
- 5. Cadets who fail to meet the prescribed standards will not receive completion credit for BC, unless given a waiver. Waivers are issued at the Task Force (TF) Commander's (CDR) discretion upon recommendation by the Cadet's regimental cadre. Generally, a waiver is considered if the Cadet's performance is above average and/or the Cadet's potential for contracting is above average, and exceptional circumstances exist which interfered with the Cadet's completion of BC (e.g., a medical emergency, a family.emergency, etc.).

CST25 Policy Memorandum 10 – Basic Camp (BC) Performance and Assessment Criteria

- 6. Formal Counseling. BC Cadets participate in three written counseling sessions during CST. IAW CST Policy Memorandum 17, MS III Leader Mentor Training Guidance, MS III squad leaders conduct and document one initial and one intermediate counseling on DA Form 4856. The Platoon Observer/Controller/Trainer (OC/T) provides oversight during each counseling session as part of the MS III continued professional development. The platoon OC/T conducts and documents the final counseling for each BC Cadet on USACC Form 1059-BC (BACER).
- a. MS III initial counseling for BC Cadets includes an explanation of graduation requirements, company standards and an initial review of Army values and expectations for performance. The initial counseling occurs no later than (NLT) Day three (3) of BC.
- b. MS III intermediate counseling for BC Cadets includes an assessment of the Cadet's performance to date and document strengths, areas of improvement, and overall performance. The intermediate counseling occurs NLT Day 17 of BC.
- c. OC/Ts conduct the final counseling prior to graduation and include a final assessment of strengths, areas of improvement, and overall performance and potential. The OCT counseling serves as feedback for the Cadet providing pertinent information to the PMS back on campus. The final counseling occurs NLT Day 29 of BC.
- 7. Mandatory Comments. All "Needs Improvement" comments include mandatory remarks on the DA Form 4856 and address deficient area(s), including recommendations for further development on campus. The counseling accurately reflects the Cadet's strengths and areas needing improvement to assist the PMS in developing a plan for continued development during the Cadet's MS III year.
- 8. Leadership Developmental Review Board (LDRB). BC Cadets are referred to a LDRB for actions related to misconduct (Procedures for LDRBs as outlined in Policy Memorandum 28, Leadership Development Review Board). Misconduct includes, but is not limited to:
- a. Committing an offense under the Uniform Code of Military Justice or other federal or state statutes, or engaging in conduct that would otherwise be criminal.
- b. Violating any of the Army values, SHARP or EO policies, CST Policy Memorandums or other Army policies.
  - c. Consistently displaying apathy or refusing to train.
  - d. Displaying moral turpitude or other unethical behavior.
- e. Receiving an overall performance rating of "Unsatisfactory" for their performance at BC.

CST25 Policy Memorandum 10 – Basic Camp (BC) Performance and Assessment Criteria

- 9. A referral to a LDRB can result in the following actions.
  - a. Award the Cadet credit for successfully completing BC.
- b. Award the Cadet credit for successfully completing CST, but also give the Cadet a letter of reprimand or concern. The letter of reprimand or concern is filed in their official record and provides a recommendation, to be implemented at the discretion of the PMS or brigade commander for additional training/development when the Cadet returns to their ROTC program.
- c. Dismiss the Cadet from CST without credit and return the Cadet to their ROTC program with a recommendation for continued development and training in order to return to CST the following year.
- d. Dismiss the Cadet from CST without credit and return the Cadet to their ROTC program with a recommendation for disenrollment.
- 10. The Commanding General of U.S. Army Cadet Command has discretion to remove personnel, to include Cadets, from BC for the purpose of maintaining good order and discipline, safety, and/or upholding standards. Nothing in this policy is meant to diminish the inherent and aforementioned authorities of the Commanding General. Under circumstances that require immediate action, the Commanding General may direct dismissal from BC without initiation of a review board. Dismissal from Cadet Summer Training under such circumstances may result in the failure to meet camp completion criteria, no camp credit being awarded, and the Cadet becoming subject to initiation of ROTC disenrollment.
- 11. Point of contact for this memorandum is Mr. Shawn M. Bowers, Deputy G37, at 502-624-6258; or email: <a href="mailto:shawn.m.bowers.civ@army.mil">shawn.m.bowers.civ@army.mil</a>.

STEVEN M. KING

Brigadier General, USA

**CST Commandant** 

DISTRIBUTION:

CA

## **Section 5 - Training Events Overview**

The training events outlined on the following slides provide an overview of "must attempt" events. You must understand the tasks to be trained and standards you will be expected to meet. For a more detailed view of the tasks, conditions, and standards for BC events and Soldier skills associated with BC, refer to the links directly following these slides.

### **Training Event Overview**

#### Basic Rifleman Marksmanship (BRM)

**Action:** Maintain an M4-Series Rifle Carbine.

**Condition:** You have just returned from a mission with your loaded M4 series carbine and have been directed to conduct maintenance on your weapon. You have a small-arms case or a maintenance equipment case.

**Standard:** Clear, disassemble, clean, inspect, lubricate, assemble, and perform a function check on the M4. Maintain the magazine and ammunition.

#### Communication

**Action:** Operate a Single Channel Ground and Airborne Radio System (SINCGARS) **Conditions:** Given a requirement to contact a distant radio station, an operational SINCGARS, antenna, distant station, Signal Operations Instructions (SOI), and required references in operational environment.

Standards: Prepare SINCGARS in Single Channel (SC); establish communication with a distant station by successfully conducting a secure communication check according to required frequency.

#### **Land Navigation**

**Action:** Conduct Land Navigation in a scenario-based environment.

**Condition:** In a field environment, given a certified Land Navigation course, map, compass, and graphic control measures, complete the course in the allotted time. **Standard:** The Cadet, acting as a PL must plan, prepare, and execute Land Navigation operations in a scenario-based environment. Receive a GO by navigating from one

point to another and meeting all requirements for the Land Navigation.

#### Machine Guns

Action: Maintain an M249 or M240B.

**Condition:** You have just returned from a mission with your loaded M249 or M240B and have been directed to conduct maintenance on your weapon. You have a small-arms case or a maintenance equipment case.

**Standard:** Clear, disassemble, clean, inspect, lubricate, assemble, and perform a function check on the M249 or M240B.

#### Range Card

Action: Prepare a range card for your position.

**Conditions:** During daylight, in a defensive fighting position, given an assigned primary sector of fire with recognizable targets; a secondary sector of fire with recognizable targets; blank standard range cards DA Form 5517-R; a pencil; a lensatic compass; and a map of your assigned sector of fire.

**Standards:** Prepare a range card for your position. Sketch in the terrain in your assigned sector of fire. Located and sketched in magnetic north. Using the appropriate symbol. Sketched in sector limits, the gun symbol, and dead space. In the DATA section wrote in the weapon, the unit, and other required data. Sketched in terrain features that offer likely targets and numbered them in priority.

#### Order and Formations of Movement

**Action:** Conduct individual, team, squad level movements.

**Conditions:** In a training environment, given your assigned weapon and a team or squad sized element; maneuver through different types of terrain; react to contact in different situations; engage the enemy; and learn the fundamentals of different types of maneuver formations.

**Standards:** Be able to successfully maneuver through different types of terrain and to react to enemy fire while maintaining the correct formation to overcome the objective.

# **Section 6 - Administrative Guidance**

**Cell Phones.** Cadets will secure their personal cell phones throughout camp. However, Cadet cell phone usage times will be directed by CST cadre.

**Medications.** All medications must be in the original labeled container [(Over the Counter (OTC) or prescription-to include birth control pills)] along with most recent clinical note prescribing the medication. Medical cadre members may, at their discretion, examine the contents of any open bottle of medication to ensure the pills are all the same and consistent with the labeled contents.

- 1. Category III and IV controlled substances will be reviewed by medical cadre.
- 2. OTC medications for pain or allergies will remain with Cadets for ongoing use as intended and approved by the Food and Drug Administration (FDA); however, Cadets should be aware of the potential for the medication to mask symptoms of disease or injury. If the Cadet is taking the maximum daily recommended dose, the Cadet should be evaluated by a provider at the Cadet medical clinic. The major side effects of some OTC allergy medications are drowsiness and dehydration, both of which are dangerous in a field/training environment. Cadets concerned about allergies in the field environment should discuss this with the physician during their medical examination at CST.
- 3. Metabolic enhancers, stimulants, and creatine supplements of ANY kind are PROHIBITED and will be stored for the duration of CST. You may bring healthy non-perishable, pre-packaged snacks such as protein bars with you to Fort Knox. There will also be time and facilities available for local purchase.
- 4. All medications must be declared on DA Form 2807-1. Prescription medications will always remain in the Cadet's control.
- 5. Sharing of prescription drugs between individuals is illegal by both state and federal law. Cadets participating in the giving or receiving of prescription medications will be disciplined in accordance with the Uniform Code of Military Justice (UCMJ).
- 6. There is no list of recommended OTC drugs; however, Cadets should bring any OTC drugs they are currently taking with a min of 30-day supply.

**Personal belongings.** Personal belongings (i.e., rings necklaces) will be secured by cadre to safeguard and protect Cadet's property.

Prohibited Items. Cadre will confiscate the following:

- 1. <u>Weapons or ammunition of ANY type</u>. No knives with blades longer than three (3) inches. Disposition of confiscated weapons and/or ammunition will be determined by the appropriate authorities.
- 2. Pornography
- 3. Controlled substances (unprescribed), tobacco, or alcoholic beverages of any type.
- 4. Tanker Boots, zipper boots and all cold weather boots will be confiscated and stored until completion of CST.

- 5. Large amounts of cash (more than \$500) will be safeguarded by cadre and will be returned upon completion of camp. Cadets will receive a hand receipt from cadre documenting the transaction.
- 6. <u>Contact lenses are prohibited during all phases of Basic Camp.</u> You are required to wear prescription glasses in lieu of contact lenses at Basic Camp.

**Postal Services.** Cadets should bring an initial supply of stamps, writing paper, and envelopes to CST. Mailboxes for outgoing mail are located throughout the CST footprint. All outgoing mail should include the CST address and the return address.

To send mail to Advanced Camp Cadets, use the following address format:

CADET LAST NAME, FIRST NAME MI HQ, USACC, BC XX REGT, XX COMPANY, XX PLATOON (specify) 24 RHINELAND STREET FORT KNOX KY 40121-5117

#### All mail received before 6 May or after 14 August will be returned to sender.

To expedite delivery, packages sent to CST should NOT require signature, whenever possible.

#### Pay and Subsistence.

- 1. Direct Deposit/Electronic Fund Transfer (EFT). All Cadets attending CST must have either a checking or savings account established prior to CST. Direct Deposit/EFT is mandatory for all CST attendees.
- 2. Cadets in a current pay status will be paid on the 1st and 15th of the month by EFT. Cadet pay will be deposited directly into the same account as the monthly stipend checks are deposited.
- 3. Family Separation. Green to Gold Active Duty (GTG-AD) Cadets who have dependents living with them are authorized Family Separation Allowance only if they successfully complete a minimum of 30 continuous days at AC. Once GTG-AD Cadets have returned to their home station, they will file a travel voucher through their ROTC Detachment. Upon payment of the travel voucher and receipt of the settlement voucher/notification, GTG- AD Cadets will submit DD Form 1561 with a copy of the settlement voucher/notification to the Fort Jackson Student Detachment which will process the pay adjustment. Expect this process to take 1-3 months.
- 4. All Cadets should ensure funds have been deposited rather than assuming funds have been deposited into their applicable accounts.
- 5. During BC, Cadet Pay questions should be addressed through the Regimental HRA to the CST Pay Team for resolution. Following AC, Cadet Pay questions should be addressed to the Detachment HRA or the Liaison at the CTLT, Nurse Summer Training Program (NSTP), and/or respective location.
- 6. Green To Gold (GTG)-Active Duty (AD) Option Cadets:

- a. GTG-AD Cadets will earn their regular pay and entitlements during AC and follow-on-training (FOT).
- b. Base Allowance for Subsistence (BAS). GTG-AD Cadets will have government provided meals deducted from their BAS while attending AC and FOT. The BAS deduction must be submitted by the Cadet/ROTC detachment following completion of AC to the Fort Jackson Student Detachment which will process the pay adjustment. Expect this process to take from 1- 2 months.

#### **Common Phone Numbers And Websites.**

American Red Cross: 1-800-733-2767

CST Operations Center: 502-624-ROTC (secondary means of emergency contact)

www.knox.army.mil/

www.flickr.com/photos/136737541@N05/

https://twitter.com/armyrotc

www.facebook.com/cadetcommand

In Case of emergency, your family may initiate a Red Cross message by calling the following number and providing the required information.

1-800-733-2767



erican Cross	Full Legal Name			
	Social Security # (last 4 digits	)	Date of Birth	
	Branch	Rank	Duty Status	
ERVICE TO THE RMED FORCES	Complete Military Unit Address	s		
	Service Member's Telephone/0	Cell/ <b>M</b> ilitary (du	ty) #s	

**Documents.** Cadets must report with all documentation outlined on the personnel records checklist. Refer to Fig. 4 – Personnel Records Checklist.

#### It is your responsibility to coordinate with your HRA to ensure that you report with the appropriate documents. CST CADET PERSONNEL RECORDS CHECKLIST CADET NAME (LAST, FIRST, MIDDLE NAME, NAME EXTENSION): HOST SCHOOL: The following documents must be hand-carried to CST by ALL Cadets, unless directed otherwise. Any incomplete or incorrect packets will cause delay at in-processing and may negatively impact the Cadet's ability to start training. INITIAL QTY **DOCUMENT REMARKS** 2 DAMPS Active Duty for Training orders (for all training) DD Form 2983, Recruit/Trainee Must be signed within one calendar year of CST 1 Prohibited Activities Acknowledgement graduation date 1 Follow-On Training documents (copy of Type: orders and travel itinerary etc.), as Location: applicable 1 Travel Itinerary and 1610, including all Do not schedule flights for prior to 1500 EST on legs of travel graduation day. Valid Common Access Card (CAC) with 1 A new CAC is required if expiration date is within 60known PIN (ALL Contracted Cadets) days of CST report date. Fort Knox does not waiver the DoD proof of identification requirements for replacement CAC while in training. Ensure Cadets travel with 2 forms of valid identification Valid government-issued photo ID (non-1 contracted Cadets) 1 set Identification Tags All Contracted Cadets 1 DD Form 93 Must be signed within one year and a copy uploaded into iPERMS, prior to reporting to CST SGLV Form 8286 (Servicemembers' Group Signed form must be uploaded into iPERMS prior to 1 Life Insurance Election and Certificate) reporting to CST Verify all bank and accounting Student/Cadet Information/Pay Tab 1 information in CCIMM Early Release Request (if applicable) Requests for Cadet Early Release will be approved by Optional CST TF Commander HRA NAME, PHONE NUMBER AND EMAIL ADDRESS:

**Figure 4- Cadet Personnel Records Checklist** 

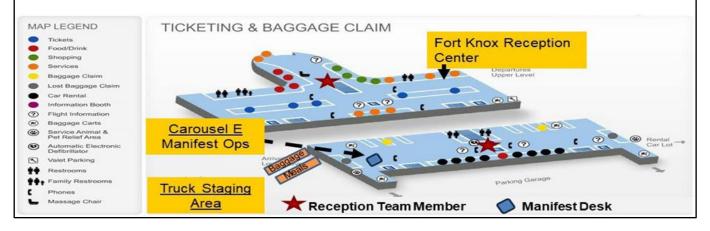


# **Airport Reception Operations**



Upon arrival, Cadets should collect bags and report to CST reception tables located at Baggage Carousel E. Personnel will assist with late baggage claims, account for Cadets and prepare Cadets and baggage for transport to Fort Knox. Cadets requiring additional assistance should report to the Fort Knox Reception Center, ticketing level.





(BEFORE PACKING, CHECK WITH YOUR CADRE FOR ANY CHANGES AND TO ENSURE YOU ARE USING THE CORRECT LIST). Note: CADETS ARE REQUIRED TO BRING 2 SETS OF EYEGLASSES. <u>THE USE OF CONTACTS AT BASIC CAMP IS PROHIBITED DURING ALL PHASES</u>.

			Cadet Summer Training 2025 and Beyond Non-Contracted Cadet Packing List (OCT 2024)			
MS Lev	vel:		Cadet Name:			
CST R	egiment:		School: Inspection	Date:		
			** ACU clothing bag items will be in OCP pattern only**			
		Cade	ets will report to CST with signed copy of packing list and copy of KYLOC clothing bag rec PMS or designated representaive will validate all Cadet baggage prior to departure.	ords.		
PGC	LIN	NSN	Nomenclature	Req	OH QTY	Campus Cadre Initials
		Clothin	g Bag Items issued at <u>Program Level</u> (Uniform Sizes are NSN specific, must be in OC	P pattern)		•
04009	P12029	8415-01-630-8905	Cap, Patrol, Army Combat Uniform OCP Size	1		
03976	C10345	8415-01-623-3294	Coat, ACU OCP (Permethrin). Size	2		
93664		8455-01-524-4476	Patch, US Flag	1		
35608		8455-01-531-6334	Tape, US Army, ACU Velcro	2		
99204		8455-00-000-9995	Nametape, ACU Velcro	2		
29636		8455-01-528-8869	Patch, Unit, Cadet Command	1		
03977	T85614	8415-01-623-3316	Trousers, ACU OCP (Permethrin). Size	2		
04015	B90343	8415-01-630-9491	Belt, Rigger's, Coyote Size	1		
04011	T24671	8415-01-630-5523	T-Shirt, Moisture-Wicking, Coyote. Size	2		
02882	S89914	8440-01-508-3357	Socks, Boot, Black / Green. Size	2		
04039	B60315	8430-01-632-2475	Boots, Combat, Hot Weather OR	1		
04040	B13584	8430-01-546-1708	Boots, Combat Temperate Size	'		
04118	J63269	8415-01-644-4837	Gloves, Light Duty Utility, (LDUG)	1		
03983	T16401		T-Shirt, APFU, Short Sleeve Size	1		
03982	T00041	8415-01-623-2466		1		
36096	B14729		Bag, Duffel, Nylon, Improved	1		
		0	CIE items issued at <u>Program Level</u> (Camouflage patterns can be mixed (UCP with OC	P))		
29011	R97425	8465-01-525-0578	Rifleman Set, MOLLE, components A thru F below: (Build a complete Core Rifleman Set before ordering a new one)	1		
29001	DA655K	8465-01-525-0577	A. Fighting Load Carrier, MOLLE	1		
29010	DA6562	8465-01-525-0606	C. Pouch, M4 Two Mag, MOLLE	3		
29008	DA6588	8465-01-525-0585	D. Pouch, Canteen, General, MOLLE	2		
28970	DA653Y	8465-01-524-5232	E. Carrier, Hydration System, MOLLE	1		
28969	DA657E	8465-01-524-5250	F. Pack, Assault, MOLLE	1		
28701	DA651E	8465-01-519-2304	Bladder, Hydration System (Multiple sizes available. Match bladder size with hydration carrier)	1		
29128	DA650F		Pack, Frame, MOLLE	1		
91709	M48214		Ruck, Medium or Large (DA654J, MOLLE	1		
28967	DA6517	8465-01-524-7232		1		
29004	DA6545	8465-01-524-8407		1		
28966	DA652Z	8465-01-524-7240		1		
28968	DA655V		Pouch, Sustainment, MOLLE	2		
28992	DA657S		Buckle, Male Shoulder, MOLLE	2		
	DA657W		Load Lifter Attachment, MOLLE	2		
	ar Sleep S					_
21267			(Light) Bag, Patrol, Sleeping / Foliage Green / X-LG (MSS)	1		
77777	DA6506		Bivy Cover Sleeping {MSS}	1		
77777	DA659E		Stuff Sack Small Compression Blk {IMSS}	1	-	
21228	M24944		Mat Sleeping (Foam Pad or Self inflating)	1 1		
N/A	L00210 K34733	5120-00-878-5932 8470-01-092-7527		1		
34494 03129	H53175			1		
03129	C28472	8470-01-529-6329 8415-01-521-8808		1	+	
10328			Helmet, Band Camoflauge (Cat eyes)	1		
NA	NA		XC Eyewear, Black Frame, Clear Dura-streme Lens	1		
03144				1		+
03143				1		+
	C96536		Canteen, 1 Quart, Water, Plastic	2		
	F54817			1		
03091	P05813		Parka, Wet Weather (Do NOT substitute with GORTEX) Size	1		
29360	T38070		Trousers, Wet Weather (Do NOT substitute with GORTEX) Size	1		
32523	P17415	8405-01-547-2555		1	_	
32522	L70789	8405-01-547-2559		1	_	
06284		8465-00-530-3692		2		
42193		8465-00-261-6909		2		
12100	210020	0100 00 201 0000	Packing List Validation			
Date:			Host School:			
Inspect	or Rank, N	lame:	Inspector Signature:			
PMS N	ame:		PMS E-mail and Phone Number:			
School	POC:		Phone Number:			

CST Packing List Inventory Signed by Campus Cadre Ranger Handbook Camouflage Stick - Light Green / Loam 550 Cord (Green / Black) Protractor, Map Compass, Lensatic (2 preferred if available at program) Belt, Reflective, Yellow Individual Cadet provides the following items: Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows:  Cadets will c a set of PTs (PT SS shirt, PT shorts) and running shoes in their carry on baggage.	1 1 2 30M 1	O/H QTY	Campus Cadre Initials
Ranger Handbook Camouflage Stick - Light Green / Loam 550 Cord (Green / Black) Protractor, Map Compass, Lensatic (2 preferred if available at program) Belt, Reflective, Yellow Individual Cadet provides the following items: Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows: Cadets will c	2 30M 1		
550 Cord (Green / Black) Protractor, Map Compass, Lensatic (2 preferred if available at program) Belt, Reflective, Yellow Individual Cadet provides the following items: Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows: Cadets will c	30M 1		
Protractor, Map Compass, Lensatic (2 preferred if available at program) Belt, Reflective, Yellow Individual Cadet provides the following items: Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows:  Cadets will c	1		
Compass, Lensatic (2 preferred if available at program)  Belt, Reflective, Yellow  Individual Cadet provides the following items:  Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows: Cadets will c			
Belt, Reflective, Yellow  Individual Cadet provides the following items:  Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows:  Cadets will c	1 1		
Civilian Apparel- For 'travel and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows: Cadets will c	1		
	Req	O/H QTY	Campus Cadre Initials
Pants, Khaki, or conservative length khaki shorts (one pair will be used for travel)	2		
Shirt, polo / golf style, in solid color (preferably school and / or ROTC branded) (one will be used for travel)  Shoes, weather appropriate (no open toe shoes allowed)	2 2		
(NO inappropriate clothing, tank tops, t-shirts with foul/profane language, short shorts, etc. No athletic style clothing will be worn on fan day, travel days or after graduation.)	nily		
Underwear, cotton	7 (min)		
Socks, Athletic, plain white or black (Must cover / be above ankle but no higher than mid calf. No stripes or logos)  Shoes, Running	6		
Towel, Bath, Brown	2		
Shoes, Shower	1		
Padlock, Combination (keys are often lost)	3		
Tags, Identification w / medical tags if required	1 Set		
Wristwatch Headlamp w / red lone (extra batteries and hulb)	1		
Headlamp w / red lens (extra batteries and bulb)  Pad, Writing, pocket size for notetaking (write in the rain prefered)	As Reg		
Pencil, mechanical, 0.5mm	3		
Pen, Black Ink	As Req		
Personal Hygiene Items (min 30-day supply required)	As Req		
Wipes, Baby or Towelettes, Cleansing (80 pack)	1 (		
Sunscreen Mirror, small, portable, shaving	1 (min)		
Razor w / 4 blades and Cream, Shaving	As Req		
Toothbrush and Toothpaste	As Req		
Clipper, Nail	As Req		
Soap, bar w / Soap Container (unscented)	As Req		
Comb / Brush Deodorant	As Req As Req		
Spray, Bug (DEET)	1 (min)		
Detergent, Laundry (High Efficiency ONLY)	As Req		
Prescription medications: Must be in original labeled container (over the counter or prescription, to include birth control pills) along with most recent clinical note prescribing medication. Medical Cadre members may, at their discretion, examine contents of any open bottle medication to ascertain pills are all same and consistent with labeled contents. MUST DECLARE DURING MEDICAL INPROCESSING (USACC Circular 145-5, pg 9)  Cadet-Provided Optional Items	of As Req		
Cap, Synthetic Microfleece, Green or Black (PT Cap)	1		
T-Shirt, Cotton, Sand (Recommend additional t-shirts for AC Cadets due to extended FTX)	3		
Shorts, spandex, grey or black, no logo Socks (Black / Green) (Recommend additional socks for Advanced Camp Cadets)	7		
Driver, Hair	1		
Kit, Sewing	1		
Beads, Pace Count	1		
Cord, Bungee, med size (black / brown / green / ACU)	5		
	10 10ft min		
Bag, Zip-Lock, Gallon Size	I OIL IIIIII		
Bag, Zip-Lock, Gallon Size 100 mph Tape (green) Washcloth, White or Brown	2		
100 mph Tape (green)	2 1 pack		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items	1 pack		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2))	1 pack 7		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2))	1 pack 7 5		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color	1 pack 7 5 As Req		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2))	1 pack 7 5		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items  Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)	7 5 As Req As Req		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items	7 5 As Req As Req As Req As Req As Req		
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days)	7 5 As Req As Req As Req As Req As Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days Intrauterine Devices (IUD) Mirena, ParaGard ONLY	1 pack 7 5 As Req As Req As Req As Req as Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days Intrauterine Devices (IUD) Mirena, ParaGard ONLY Birth Control Pills (45-day supply)	7 5 As Req As Req As Req As Req As Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days Intrauterine Devices (IUD) Mirena, ParaGard ONLY	1 pack 7 5 As Req As Req As Req As Req as Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days Intrauterine Devices (IUD) Mirena, ParaGard ONLY Birth Control Pills (45-day supply) Patch (Ortho-Evra is NOT recommended) Implant - Nexplanon Female Urinary Diversion Device (FUDD) or similar Item	1 pack 7 5 As Req As Req As Req As Req As Req As Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days Intrauterine Devices (IUD) Mirena, ParaGard ONLY Birth Control Pills (45-day supply) Patch (Ortho-Evra is NOT recommended) Implant - Nexplanon Female Urinary Diversion Device (FUDD) or similar Item NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)	1 pack 7 5 As Req As Req As Req As Req as Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 da Intrauterine Devices (IUD) Mirena, ParaGard ONLY  Birth Control Pills (45-day supply) Patch (Ortho-Evra is NOT recommended) Implant - Nexplanon Female Urinary Diversion Device (FUDD) or similar Item NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)  Packing List Validation	1 pack 7 5 As Req As Req As Req As Req As Req As Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days Intrauterine Devices (IUD) Mirena, ParaGard ONLY Birth Control Pills (45-day supply) Patch (Ortho-Evra is NOT recommended) Implant - Nexplanon Female Urinary Diversion Device (FUDD) or similar Item NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)	1 pack 7 5 As Req As Req As Req As Req As Req As Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 da Intrauterine Devices (IUD) Mirena, ParaGard ONLY  Birth Control Pills (45-day supply) Patch (Ortho-Evra is NOT recommended) Implant - Nexplanon Female Urinary Diversion Device (FUDD) or similar Item NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)  Packing List Validation	1 pack 7 5 As Req As Req As Req As Req As Req As Req	g)	
100 mph Tape (green) Washcloth, White or Brown Alcohol Markers  Mandatory Female additional items  Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2)) Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2)) Hair accessories, plain design, matching hair color Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply) Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack) Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 de Intrauterine Devices (IUD) Mirena, ParaGard ONLY Birth Control Pills (45-day supply) Patch (Ortho-Evra is NOT recommended) Implant - Nexplanon Female Urinary Diversion Device (FUDD) or similar Item NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)  Packing List Validation  Date:  Host School:	1 pack 7 5 As Req As Req As Req As Req As Req As Req	g)	
100 mph Tape (green)  Washcloth, White or Brown  Alcohol Markers  Mandatory Female additional items  Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2))  Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2))  Hair accessories, plain design, matching hair color  Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply)  Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack)  Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)  Optional Female additional items  If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 da Intrauterine Devices (IUD) Mirena, ParaGard ONLY  Birth Control Pills (45-day supply)  Patch (Ortho-Evra is NOT recommended)  Implant - Nexplanon  Female Urinary Diversion Device (FUDD) or similar Item  NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)  Packing List Validation  Date:  Inspector Rank, Name:  Inspector Signature:	1 pack 7 5 As Req As Req As Req As Req As Req As Req	g)	