

Soldier and Family Programs Newsletter

U.S. Army Cadet Command: Leadership Excellence

July-September 2024, 4th Quarter



Leadership Message

Greetings Team,

As we embark on the challenges of the summer months, it is crucial to maintain steadfast morale. The rising temperatures and extended daylight hours can test our resilience, but let's not forget the unyielding purpose that brings us together. Our unity and unwavering determination are our strongest assets. Remember to prioritize hydration and self-care and extend a watchful eye to your comrades. A simple gesture of support or a word of encouragement can make a world of a difference, especially during the stressors of Cadet Summer Training and other ongoing summer events. We are not merely individuals; we are a cohesive force, each integral to the success of our mission. With your determination and resolve, we will navigate through this season triumphantly. Stay resolute, stay inspired, and let's make this summer a testament to our fortitude.

Thank you.

Michael A. Halford

1SG, USA

(HHD) US Army Cadet Command

Summer Fun Facts!

★ In the summer heat, the iron in France's Eiffel Tower expands, making the tower grow more than 6 inches!

★ Popsicles were accidentally invented by an 11-year-old boy in San Francisco in 1905. He left a glass of soda sitting outside and by the next morning the soda had frozen. He began selling them at an amusement park in New Jersey. In the U.S., cherry is the number 1 flavor.

★ Between Memorial Day and Labor Day, Americans eat over 7 billion hot dogs.

Mission:

The U.S. Army Cadet Command (USACC) partners with universities to recruit, educate, develop, and inspire Senior ROTC Cadets in order to commission officers of character for the Total Army. USACC partners with high schools to conduct JROTC in order to develop citizens of character for a lifetime of commitment and service to our Nation.

MG Andy Munera

Commanding General

U.S. Army Cadet Command

Newsletter Publisher

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Summer Programs and Discounts

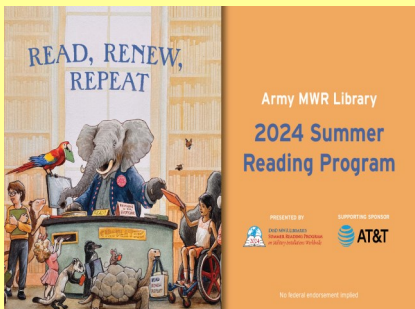
Don't let them lose their math facts during summer!
Click the icons for free resources!



The 2024 Blue Star Museums program begins on Armed Forces Day, Saturday, May 18, 2024 and ends on Labor Day, Monday, September 2, 2024.



Service Members can get a free annual pass good for admission to any National Park! All you do is show a military ID at **any** park gate! Plan your visit



Read, Renew, Repeat with the Army Family & MWR Library Summer Reading Program. During the summer months, Army Family & MWR Libraries around the world will host a range of free activities. If you are not near a base library, you can participate in the DoD-MWR Virtual option at www.DoDVirtualSRP.org



PCS SEASON



Look [HERE](#) for the newest guidance for pet reimbursement! The entitlement must be on PCS orders for you to claim your pets! Also, check out the new guidelines for shipping firearms for your PCS move. More info [HERE](#)

The DOD provides reimbursement for military spouses who need to renew or transfer their professional licenses due to a PCS. Learn more [HERE](#)



The Relocation Assistance support tool provides assistance with resources before, during, and after a PCS. Find important PCS links [HERE](#)

Department of Veterans Affairs (VA) has made it possible for those who have served our country to overcome the hurdles associated with traditional mortgage loans through the VA loan. For more info, visit Veteran.com

VA 100% FINANCING Helping Our Veterans Buy Homes		
WHO IS ELIGIBLE?	VA LOAN BENEFITS	LOAN REQUIREMENTS
<ul style="list-style-type: none">✓ Veterans✓ Personnel with honorable discharge✓ Reservists & National Guard✓ Members eligible for surviving spouses	<ul style="list-style-type: none">✓ Low monthly payments✓ Lower interest rates✓ No private mortgage insurance required✓ 0% Down payment✓ Refinance up to 100% of your primary	<ul style="list-style-type: none">✓ Purchase an existing home✓ Cash out refinance✓ Impound account always required✓ Condos must be VA-approved✓ Refinance existing mortgage loan (non VA)

Changes to PCS Entitlements and Benefits

Moving Claims

Travel and Lodging

American Forces Travel

Armed Forces Vacation Club

Vet Tix

Safety and Celebrations

Spring into Summer — without MISHAPS!

This year when you venture out into the sunny days of summer, filled with swimming, cookouts and traveling, it's important to be prepared. For more information on safety awareness, visit [Spring/Summer Safety 2024 \(army.mil\)](https://www.army.mil/spring-summer-safety-2024)

The 4th of July holds special significance for military personnel as it commemorates the nation's independence and honors their role in defending it. Safety during this time is imperative!



Take a virtual tour in Remembrance of 9/11. Tours are live, interactive, and led by museum staff using Zoom. All tours are in Eastern Time and conducted in English. Find more information [HERE](#)



July 28th is National Buffalo Soldiers Day, the holiday celebrating the contributions of some of the earliest African-American troops in the United States military. The oldest surviving Buffalo Soldier, Retired First Sergeant Mark Matthews passed away in 2005 at 111 years old. You can learn more about his amazing story [HERE](#)



BEAT THE HEAT: Extreme Heat

Heat related deaths are preventable

WHAT:

Extreme heat or heat waves occur when the temperature reaches extremely high levels or when the combination of heat and humidity causes the air to become oppressive.

WHO:



Children

More males than females are affected



Older adults



Outside workers



People with disabilities

WHERE:



Houses with little to no AC



Construction work sites



Cars

HOW to AVOID:



Stay hydrated with water, avoid sugary beverages



Stay cool in an air conditioned area



Wear light-weight, light colored, loose fitting clothes

BDE S1 CONTACTS

1st BDE: 502-624-1448

2nd BDE: 609-562-3721

3rd BDE: 847-668-3328 (EXT. 131)

4th BDE: 910-432-4982

5th BDE: 210-295-0861

6th BDE: 912-315-7110

7th BDE: 502-624-5328

8th BDE: 253-967-1579

G1 SOLDIER AND FAMILY PROGRAMS

Division Chief: 502-624-5297

Drug Test Coordinator: 502-624-5297

SFP Support Coordinator: 502-624-7226

SFP Support Coordinator: 502-624-6239

Sexual Assault Response Coordinator:

Office 502-624-6219

Cell 502-378-8185

Ways to connect with USACC G1 Soldier and Family Programs:

Cadet Command Soldier and Family Programs Webpage:
Soldier & Family Programs
(army.mil)



Cadet Command Soldier and Family Programs Facebook Group: USACC Soldier and Family Programs | Facebook



Email Address:

usarmy.knox.usacc.mesg.hq-g1-soldier-and-family-programs@army.mil

Who are WE? We are the USACC Soldier and Family Programs Support Coordinators located at HQ G1 on Fort Knox, KY. We are here to support our Service Members and their Families with resource navigation. Let us provide concierge service, so you can stay focused on your mission.

Hello everyone! My name is Tina, and one of my biggest passions in life is taking care of Soldiers and their Families. Being a mother and a Veteran myself, I know the hardships they carry. I am also a health and wellness coach, who takes pride in living a lifestyle that promotes positive outcomes.



"Keep Moving Forward"

-Tina

Please do not hesitate to give us a call or stop by for a chat!



My name is Emily! I am a Veteran and Military spouse stationed here at Fort Knox. I have a background in Crisis Intervention, with a passion for mental health and wellness, which has led me back to taking care of Soldiers and their Families in any way I can.

"Happiness can be found even in the darkest of times, if one only remembers to turn on the light"

-Emily