

# US ARMY CADET COMMAND CADET WELCOME PACKET



## ADVANCED CAMP 2024

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USACC, G3, CST Planning Branch.



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY ROTC CADET SUMMER TRAINING DETACHMENT  
1ST CAVALRY REGIMENT ROAD  
FORT KNOX, KENTUCKY 40121-5123

ATCC-ST

FEB 28 2024

MEMORANDUM FOR Cadet (Future American Soldier and Leader)

SUBJECT: Advanced Camp Cadet Welcome Letter

1. As the Cadet Summer Training Commandant, I would like to welcome you to Advanced Camp at Fort Knox, Kentucky. This summer will prepare you to meet the challenges ahead in your military career and reinforce your commitment to the United States of America and our Army. I am honored to witness this critical phase of your journey as you transition towards becoming one of our Army's future leaders.
2. Cadet Summer Training is one of the final steps in your preparation and training to commission as a Second Lieutenant. It is a chance to hone your leadership style and sharpen your Soldier skills. The training, leadership and proficiencies you will gain here will be the foundation for your future profession as an Army officer. You are the future of our Army and will soon lead our Soldiers wherever we are called to fight.
3. Over the course of Advanced Camp you will be evaluated on your physical fitness, character, leadership, teamwork, and resilience. You must demonstrate the Army Leadership Attributes and Competencies (ADRP 6-22) through deliberate training and evaluations based on core Soldier skills. The final Field Training Exercise is a culminating event designed to challenge you while performing tactical operations in a complex field environment.
4. During training you will be pushed beyond your comfort zone and you will be deliberately challenged, both physically and mentally. It is important to remember you are not going through this alone and will be part of a team. You will have a world-class group of cadre to assist. You have already received training and education from many of the best institutions and are wholly prepared for success. I expect nothing short of excellence from each of you.
5. I know each one of you possess the skills and determination to meet these challenges and I look forward to training alongside of you this summer.

A handwritten signature in black ink, appearing to read "AMANDA I. AZUBUIKE", written over a horizontal line.

AMANDA I. AZUBUIKE  
Brigadier General, USA  
CST Commandant

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# Section 1 - COVID Information Sheet

Cadets, cadre, and support personnel that test positive for COVID will be closely monitored and personally engaged to ensure recovery. USACC will set top priority to the Cadets' mental health, physical recovery, and clear communication with the parents throughout the recovery process.

## Section 2 - AC Training Strip

The CST training strip is divided into four phases: reception, staging, onward movement; integration; deployment; and redeployment & reintegration. Upon arrival to Fort Knox, Cadets will in-process, conduct a Physical Assessment Test, and receive their initial counseling. The next focus will be on individual training such as weapon qualifications, land navigation, and preparing for collective tasks in field conditions. To culminate the field training exercise, the Cadets will complete a 12-mile foot march into the Garrison. During reintegration, Cadets will focus on maintenance of equipment, and receive their final counseling before graduation.

-1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
Travel R&I	Travel R&I	Fire Drill	SHARP	ACFT	HTWT	PMI	Group & Zero	Appl Hold-off Table 4	Map Reading Class	LN Practice	LN Day/ Night Test	FLRC	Rappel/ Conf. CRS (A)	6 Mile FM BMS	Warrior Skills	MED	Reset	Squad Assess	Squad Assess	Squad Assess					
		Urinalysis	EOIG/Legal	Physical	CIF Issue	Table 1							EST	Table 2		Drills	Table 3				Rappel/ Conf. CRS (B)	PMI Hand Grenades	DECON	Mid Point	
		In-process	ARI		Weapons Draw / Weapons Orienteering	Practice & Qual Table 5/6							Map Reading Exam	Assault Course		RTW	Deploy to TA12								
		Med/SRP Brief	ARD Brief		Reception	Directed Training																			
		CG Briefing	ACER/Initial Counseling		BARRACKS																				
BARRACKS							BIV Blair	BKS	BIV Baker	BARRACKS						WOLVERINE									

21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
8-miler	EVAL	EVAL	EVAL	Bay Planning and Refit	EVAL	EVAL	EVAL	EVAL	12-Mile RP	Access Brief	Laundry Day	CIF TDR	PLT Photo	GRAD RXL
Bay Planning and Refit								Weapon MAINT	COMPO Brief	Blood Drive	Branch Orientation	Family Day		
								AO Cleanup	Weapon MAINT	WPN T/I	IMMUNIZATIONS			
								Weapon MAINT	IG Survey	Survey				
Peer II								12-Mile SP	OCIET MAINT	OCIET MAINT	Developmental Out Brief			
LSA DENS	PANTHER			LSA DENS	GRIZZLY			LSA DENS	BARRACKS					

Figure 1- AC Training Strips

## Section 3 - Typical Training Day

A typical garrison and field training day at CST consists of the following:

### Garrison Training

Time	Activity Description
0500-0530	Wake up, get dressed and make bed
0530-0700	Physical Readiness Training (PRT)
0700-0800	Personal hygiene, clean living area, and breakfast
0800-0900	Move to training by foot or bus
0900-1230	Training
1230-1330	Lunch (movement is integrated into this time as well)
1330-1730	Training
1730-1900	Dinner
1900-2000	Reinforcement Time. Cadets reflect on the day's events and receive leadership counseling
2000-2100	Cadet Leader's time
2100-2200	Personal hygiene. Cadets generally use this time for barracks maintenance, uniform preparation, and academic study for the next day's training
2200	Lights out

### Field Training

Time	Activity Description
0500-0530	Wake up, PRT
0530-0630	Personal hygiene, clean living area, and breakfast
0630-0700	Move to training by foot or Light Medium Tactical Vehicle (LMTV)
0700-1230	Training small unit tactics
1230-1300	Lunch (movement is integrated into this time as well)
1300-1700	Training small unit tactics
1700-1800	Move to company area by foot or LMTV
1800-1900	Dinner
1900-2000	Reinforcement Time. Cadets reflect on the day's events and receive leadership counseling
2000-2100	Cadet Leader's time
2100-2200	Personal hygiene. Cadets generally use this time for barracks maintenance, uniform preparation, and academic study for the next day's training
2200	Lights out

**Figure 4- AC Training Day**

Cadets are counseled by their chain of command at least three times on their camp performance, leadership assessments, and Advanced Camp Evaluation Report (ACER). If there are discrepancies with the ACER, the Cadet must address the discrepancy with the chain of command PRIOR to leaving CST. ACERs will not be changed after a Cadet departs Advanced Camp. There are many ways to address your chain of command with any concerns to include use of the open-door policy at the regimental, task force, and Commandant level.

## **Section 4 - Graduation Requirements and Performance Evaluation**

**GRADUATION REQUIRMENTS: See Below Policy memo #9 for all requirements.**



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SUBJECT: Cadet Summer Training (CST24) Policy Memorandum 9 – Advanced Camp (AC) Performance and Completion Credit

1. References.

- a. AR 145-1, Senior Reserve Officers' Training Corps Program: Organization, Administration and Training, July 1996
- b. FM 6-22, Developing Leaders, November 2022
- c. AD 2022-05, Army Combat Fitness Test
- d. AR 600-9, The Army Body Composition Program, July 2019
- e. FM 7-22, Army Physical Readiness Training, October 2020
- f. TC 3-20.40, Training and Qualification-Individual Weapons, July 2019
- g. CST Policy Memorandum 20, Cadet Evaluations and Appeals
- h. AD 2023-08, Army Body Fat Assessment Exemption For Army Combat Fitness Test Score
- i. AD 2023-11, Army Body Fat Assessment for the Army Body Composition Program

2. Purpose. Advanced Camp (AC) provides an opportunity to further develop skills and evaluate Cadet performance in physical fitness, military skills competency, and leadership, using the core leader competencies and attributes described by the Army Leadership Requirements Model (ALRM). AC is a required element of Professional Military Education (PME). Army Senior ROTC Cadets fulfill a requirement of Title 10, US Code (Subtitle A, Part III, Chapter 103) for Commission through successful completion of Advanced Camp. This policy outlines the **standards of performance** Cadets **must achieve** to meet AC **completion criteria**, and the **standards for assessment**.



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3. Advanced Camp Evaluation Report (ACER). At the conclusion of AC, Cadets must earn an overall Performance Summary of “**Capable**” or higher on their ACER, USACC Form 1059 to be eligible for AC Credit. The Platoon Ranking Tool (PRT) is used to determine the ACER Performance Summary for each Cadet. Successfully completed events accumulate points in the PRT for each Cadet. The purpose of this assessment is three-fold. First, the ACER provides summary feedback to the Cadet on their performance at AC. Second, it provides the host campus cadre with an assessment of the Cadet’s performance during AC to prepare a developmental plan for the MSIV year. Lastly, the ACER provides data to the Cadet’s accessions packet. The ACER will be used as part of the Mission Set Order of Merit List (OML) model. The Cadet’s overall performance rating is reflected on the front page of the ACER and the back page provides valuable feedback from regimental cadre.

4. Advanced Camp Graduation Requirements. There are **12 “Evaluated”** tasks included in the Cadet Summer Training execution matrix. Evaluated tasks are defined as those tasks which provide an outcome and feed the Cadet overall camp score through ACER input. Definitions of CST24 evaluated tasks are as follows.

a. Army Combat Fitness Test (ACFT). Advanced Camp Cadets will be administered an ACFT during the Reception, Staging, Onward Movement, and Integration (RSO&I) phase of camp. This is a single attempt event. A minimum score of **60** points per event equates to a passing score. PRT Points are awarded for ACFT Total Score. ACFT failures will be annotated in the Cadet’s record, and the Cadet will be **dismissed** from CST without camp credit. No waivers will be considered. If a Cadet is dismissed from CST for failing the ACFT, said failure will not be used as the sole basis for disenrollment and a second test will be administered at home station IAW AR 145-1 processes.

b. Height and Weight (HT/WT). Cadets will comply with the Army Body Composition Program (ABCP) requirements for active-duty Soldiers in effect at the time of CST execution.

(1) Any Cadet who meets the standards for the Army Body Composition Program, IAW AR 600-9, will receive a score of **PASS** and continue training. Cadets who exceed the Army Body Composition screening but achieve a total score of 540 or above with a minimum of 80 points in each sub-event will be granted the body composition exemption per AD 2023-08. Cadets in this category will receive a **PASS** for Army height and weight standards.

(2) Any Cadet who exceeds allowed Army Body Composition standards, IAW AR 600-9, and does not have an exemption will immediately conduct validation screening. This validation will not be executed by the same Cadre that conducted the initial assessment.



(3) After validation screening, any Cadet who exceeds the Army Body Composition standard and does not have an exemption UP AD 2023-08, will be **dismissed** from CST without camp credit. No other waivers will be considered. If a Cadet is dismissed from CST for exceeding Army Body Composition standards, this will not serve as the sole basis for disenrollment and retesting will be conducted at home station IAW AR 145-1.

c. Land Navigation Written Exam. Advanced Camp Cadets will be administered the Land Navigation written exam prior to execution of Land Navigation Practical Exercise. This is a single attempt event. Points will be awarded based on performance and will count towards the overall camp performance score. A minimum score of **70%** is required to receive a **PASS** for this event. Cadets who receive a PASS will earn PRT points based on test performance score. Test failures will be annotated in the Cadet record, and the Cadet will continue to train.

d. Land Navigation Practical Exercise (PE). Cadets will execute the Land Navigation practical exercise for both day and night iterations. Prior to testing, Cadets will execute a day practice test. Any identified weaknesses will be addressed through training by regimental leadership. Cadets who achieve 100% during the practice PE will be awarded PRT point based on that performance. The evaluated land navigation practical exercise is a single attempt event. Points will be awarded based on performance and will count towards the overall camp performance score. A minimum score of **3 of 5** points found during the day and **2 of 3** points found during the night is required to receive a **PASS** for this event. Cadets who receive a PASS will earn PRT points based on the number of points found. All Cadets will participate in the practice and evaluated practical exercise, regardless of their practice outcomes. Practical exercise failures will be annotated in the Cadet record, and the Cadet will continue to train.

e. Basic Rifle Marksmanship/Qualification (BRM). Cadets will execute the TC 3-20.40 BRM training model, culminating with Table VI rifle qualification. Cadets will be given three opportunities to qualify with their assigned weapon. The **first attempt** on Table VI will be scored based on record of fire character scores. Cadets will not execute subsequent qualification attempts unless retraining is complete (Tables II and III) and verified by BRM cadre. Subsequent qualifications will be rated as no higher than **Marksmanship**. Cadets who qualify will earn PRT points based on the Qualification Badge earned. Weapons qualification failures will be annotated in the Cadet record, and the Cadet will continue to train.

f. Confidence Courses (Rappel and Obstacle Course). Cadets must successfully negotiate **7 of 10** obstacles to receive a **PASS** for this event. Cadets will be given **2 attempts** at each obstacle. Attempting, but not successfully negotiating the obstacle **will not** count. An attempt is defined as, showing signs of physical exertion, while



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negotiating part of, but not successfully completing the obstacle. Cadets that **fail to attempt** any obstacle will be treated as a “**refusal to train**” and will be subject to a Leadership Development Review Board (LDRB). Cadets who receive a PASS will earn PRT points based on the number of obstacles completed. Confidence Course failures will be annotated in the Cadet record, and the Cadet will continue to train.

#### g. Battle March and Shoot.

(1) 6-mile Foot March (Individual Scored Event). The 6-mile Foot March will be a release march event. Cadets will have 2 hours to complete the designated 6-mile course with assigned equipment. Cadets who complete the March in 2 hours or less will earn PRT points based on the performance score. Cadets that fail to complete within the 2-hour time allotted, fail to carry assigned equipment or are aided by a vehicle or another person, it will count as a failed event. The failure will be annotated in the Cadet record, and the Cadet will continue to train.

(2) Shoot (Company Scored Event) (Must complete all training). At the conclusion of the 6-mile Foot March, each Cadet will immediately move to the M4 rifle range. Cadets will be given 40 rounds (two magazines) of 5.56mm ammunition and will attempt to qualify using the ALT-C qualification table, engaging as many targets as possible. The total number of hits by the Cadet will be added to their Company total. A guidon streamer will be awarded to the Company with the highest total score within the Regiment. The shoot event does not produce a point value calculation for the PRT. A refusal to fire will constitute as a “**refusal to train**” and the Cadet will be subject to a LDRB.

h. Warrior Task Training (Must complete all training to Standard). Warrior Task Training includes **8 Skill Level 1 tasks**: Call for Fire (CFF), Chemical, Biological, Radiological, Nuclear (CBRN), Tactical Combat Casualty Care (TC3), COMMO, Prepare a Range Card, Camouflage Self, Maintain M4, and Troop Leading Procedures (TLPs). These tasks are broken down into **4 evaluated lanes** (with 14 evaluated sub-tasks): Weapons, Patrolling, Medical, CBRN. Cadets must achieve a passing score of 70% or higher in **10 of 14** evaluated sub-tasks within the lanes, to receive a **PASS**. Cadets will be given **2 attempts** at each evaluated sub-task. Cadets who receive a PASS will earn PRT points based on the performance score. Practical Exercise failures will be annotated in the Cadet record, and the Cadet will continue to train.

#### (1) Weapons Lane.

- (a) Clear, load, fire, perform immediate action, unload, and clear an M4.
- (b) Clear, load, fire, perform immediate action, unload, and clear an M249.
- (c) Clear, load, fire, perform immediate action, unload, and clear an M240.

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- (d) Employ and recover an M18A1 Claymore Mine.
- (2) Patrolling Lane.
  - (a) Prepare a range card for a machine gun.
  - (b) Call for indirect fire, adjust indirect fire, and fire for effect.
  - (c) Camouflage yourself and your individual equipment, use visual Signaling Techniques.
  - (d) Operate ASIP Radio, send a SPOT Report.
- (3) Medical Lane.
  - (a) Request a Medical Evacuation (MEDEVAC).
  - (b) Perform care under fire, transport and transfer a casualty.
  - (c) Perform first aid to restore breathing and or pulse of an unconscious adult.
  - (d) Evaluate a casualty using Tactical Field Care and control bleeding.
- (4) Chemical, Biological, Radiological, Nuclear (CBRN).
  - (a) Assume MOPP Level three. Decontaminate your skin and equipment, assuming MOPP level four.
  - (b) Complete the CS Chamber.

i. Hand Grenade Assault Course (HGAC). Cadets must complete **3 of 3** training events (Identify Hand Grenades, Employ Hand Grenades, HGAC) and score a **5 of 7** (Second Class) or higher during HGAC to receive a **PASS** for this event. Cadets who receive a PASS will earn PRT points based on the performance score. Practical Exercise failures will be annotated in the Cadet record, and the Cadet will continue to train.

j. 8-mile Foot March. Cadets must complete the 8-mile Foot March route with their Company unaided to receive a **PASS** for this event. Cadets who receive a PASS will earn PRT points based on the performance score. If a Cadet fails to complete the 8-mile Foot March with their company and with assigned equipment, or if the Cadet is aided by a vehicle or another person, it will count as a failed event. The failure will be annotated in the Cadet record, and the Cadet will continue to train.

k. 12-mile Foot March. Cadets must complete the 12-mile Foot March route with their Company unaided to receive a **PASS** for this event. Cadets who receive a PASS will earn PRT points based on the performance score. If a Cadet fails to complete the 12-mile Foot March with their company and with assigned equipment, or if the Cadet is



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aided by a vehicle or another person, it will count as a failed event. The failure will be annotated in the Cadet record, and the Cadet will continue to train.

I. Cadet Leadership Evaluation. Cadets will receive a minimum of **5** evaluations during AC: **2** evaluations during garrison (developmental) and **3** evaluations during the Field Training Exercise (FTX) (assessment) phase. Cadre will utilize the Situation, Observation, Associate and Assess, Reinforce and Recommend (SOAR) Card for all Cadet evaluations.

(1) Developmental Evaluations. Cadets will be evaluated in any squad or platoon level leadership position (PL/PSG, SL). Developmental Leadership Evaluations **will not** be calculated for PRT points towards the overall camp score. Developmental evaluations are designed to **set expectations** for future evaluations through “sets and reps” and will be included of the Cadet ACER.

(2) Cadets may receive SOAR Card evaluations during Field Leader Reaction Course (FLRC) or Squad Situational Training Exercise (SQD STX). Any SOAR card evaluations during these events **will not** count towards the overall camp performance score and will be for **developmental** purposes only.

(3) Assessment Evaluations. SOAR Card evaluations during the FTX count towards the overall camp performance score. Cadets will receive a minimum of **3** SOAR Card evaluations of which one must be in a platoon-level leadership position: either Platoon Leader or Platoon Sergeant. Only the **first 3** evaluations (with one PL/PSG Evaluation) in the FTX **will count** towards the overall PRT score. **Subsequent evaluations** will be considered for **developmental purposes** only and have **no impact** on the overall camp performance score. Daily leadership evaluations are required during the Wolverine phase of training.

(4) Peer Evaluations. Platoon Training Officers (PTO) will ensure that a total of **3** Peer Evaluations are conducted by Cadets during AC. These Peer Evaluations will be conducted at the squad-level and will utilize the Cadet Command Form 156-17-R. Cadet Peer Eval data will be input in the PTO Input File. Peer Evaluations **will count** towards the overall PRT score.

(5) Cadets may receive Negative SPOT Reports for negative actions or conduct. Negative SPOT reports will be captured using SOAR cards. The first Negative SPOT report will be for administrative and developmental purposes. A second Negative SPOT report will result in a **loss of 5 points** on the PRT. A third Negative SPOT report will result in a **LDRB**. Negative Spot Reports will undergo Company Training Officer (CTO) Review and Regimental Training Officer (RTO) Approval. Negative Spots Reports are warranted for conduct that is beyond an on-the-spot correction, but less than a serious breach of Army Values/Ethics.



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(6) Unsatisfactory performance will result in referral to a LDRB. Unsatisfactory performance is defined as receiving one “U” rating during the evaluated FTX phase of CST. PLT Observer Controller/Trainers (OC/Ts) are required to refer Cadets to an LDRB who earn a “U” rating on any leader evaluation within **48 hours** of the “U” rating.

5. Leadership Development Review Board (LDRB). Advanced Camp Cadets will be subject to a LDRB if in violation of published conduct policies. Misconduct includes, but is not limited to, committing an offense under the Uniform Code of Military Justice (UCMJ) or other federal or state statutes; violation of Army Values, SHARP or EO policies, CST Policy Memorandums, or other Army policies; consistently displaying apathy or refusing to train; or displaying immoral or other unethical behavior. Procedures for LDRB execution and outcomes is outlined in CST Policy Memorandum 28 – Leadership Development Review Board.

6. Missed Training. To meet graduation requirements and receive Advanced Camp credit, Cadets **may not miss** more than **48 hours** of scheduled training. This applies only after Cadets have officially in-processed camp. Late arrival, outside the Cadet’s control, will be handled accordingly. Cadets who miss training due to mitigating circumstances, e.g., mandated medical treatment, may be subject to Waiver Review Board to determine their further eligibility to attain camp credit. The CST Commandant retains approval authority for all training waivers due to medical conditions.

7. Waiver Review Board (WRB). Advanced Camp Cadets who **miss** more than **48 hours** of scheduled training or miss **1 of 12 Evaluated tasks** will be subject to a WRB. Procedures for WRB execution and outcomes is outlined in CST Policy Memorandum 29 – Waiver Review Board

8. Re-Test/Remediation. There will be **no** on-campus remediation or re-testing of any tasks for points or camp credit included in the Cadet Summer Training 2024 Advanced Camp policy.

9. Waived Training. Approved waivers will result in **0 PRT points** for that waived event. The minimum requirement to receive camp credit with waivers is complete all training up to and include 1x graded Assessment Leader Evaluation (SOAR Card).

10. Waiver Authority. The CST Commandant retains waiver approval authority for all items contained in this memorandum.

11. The Commanding General of U.S. Army Cadet Command has discretion to remove personnel, to include Cadets, from Advanced Camp for the purpose of maintaining good order and discipline, safety, and/or upholding standards. Nothing in this policy is meant to diminish the inherent and aforementioned authorities of the Commanding General. Under circumstances that require immediate action, the Commanding General may direct dismissal from Advanced Camp without initiation of a review board. Dismissal from Cadet Summer Training under such circumstances may result in the failure to



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meet camp completion criteria, no camp credit being awarded, and the Cadet becoming subject to initiation of ROTC disenrollment.

12. Out of Cycle Commissioning (OCC). Cadets projected to commission at the end of AC will not commission if they fail to meet the AC graduation criteria as listed in this policy letter. OCC Cadets are subject to the LDRB processes and may be disenrolled from ROTC for failure to meet all AC graduation criteria or for misconduct.

13. Point of contact for this memorandum is Mr. Shawn M. Bowers, Deputy G37, at 502-624-6258 and email: shawn.m.bowers.civ@army.mil.



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Deputy Commanding General

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## PERFORMANCE EVALUATION:

### Leadership Evaluations.

Cadets will receive a minimum of five leadership evaluations during AC: two evaluations during garrison and three evaluations during the Field Training Exercise (FTX) phase. Review FM 6-22 Chapter 2; tables 2-3 thru 2-8 which provide verbiage for what is a Strength (E), Standard (P) and Developmental Need (C) or (U) if worse than described, for each attribute and competency.

Cadre will observe and counsel each Cadet based on character, presence, intellect, ability to display leadership qualities, develop, and achieve results at a platoon level. Figure 2 below outlines the leadership, attributes, and competencies.



### Platoon Ranking Tool.

#### Army leader

Anyone who by virtue of assumed role or assigned responsibility inspires and influences people to accomplish organizational goals. Army leaders motivate people both inside and outside the chain of command to pursue actions, focus thinking and shape decisions for the greater good of the organization. (ADP 6-22)

#### \*Army team building

A continuous process of enabling a group of people to reach their goals and improve their effectiveness through leadership and various exercises, activities and techniques.

#### leader development

The deliberate, continuous, sequential, and progressive process—founded in Army values—that grows Soldiers and Army Civilians into competent and confident leaders capable of decisive action. Leader development is achieved through the life-long synthesis of the knowledge, skills, and experiences gained through the training and educational opportunities in the institutional, operational, and self-development domains. (AR 350-1)

#### leadership

The process of influencing people by providing purpose, direction, and motivation to accomplish the mission and improve the organization. (ADP 6-22)

## Section 5 - Training Events Overview

### Basic Rifleman Marksmanship (BRM)

**Action:** Maintain an M4-Series Carbine.

**Condition:** You have just returned from a mission with your loaded M4 series carbine and have been directed to conduct maintenance on your weapon. You have a small-arms case or a maintenance equipment case.

**Standard:** Clear, disassemble, clean, inspect, lubricate, assemble, and perform a function check on the M4. Maintain the magazine and ammunition.

### Chemical, Biological, Radiological, and Nuclear (CBRN)

**Action:** Protect yourself from Chemical and Biological (CB) contamination using your assigned protective mask.

**Condition:** You are given your assigned protective mask, hood, carrier, a canteen with an M1 canteen cap or water canteen cap, and M8 detector paper. You find yourself in one of the following situations: 1) You hear or see a CB agent and/or unknown toxic industrial chemical attack/spill, 2) You realize, through other means, that you are under a CB agent and/or toxic industrial chemical attack, 3) You are ordered to mask, 4) You must enter a contaminated area, and 5) After having donned your protective mask, you need to drink from their canteen.

**Standard:** Cadets will be evaluated on their ability to protect themselves from CB agents and; or unknown toxic industrial chemical contamination by donning, clearing, and checking your assigned protective mask within 9 seconds without becoming contaminated. Drink water through your protective mask from their canteen without becoming a casualty.

### Communication

**Action:** Operate a Single Channel Ground and Airborne Radio System (SINCGARS)

**Conditions:** Given a requirement to contact a distant radio station, an operational SINCGARS, antenna, distant station, Signal Operations Instructions (SOI), and required references in an operational environment.

**Standards:** Prepare SINCGARS in Single Channel (SC); establish communication with a distant station by successfully conducting a secure communication check according to required frequency.

### Dry Fire Drills

**Action:** Conduct basic rifle marksmanship drills

**Conditions:** Given your assigned M4 in a training environment; learn and enforce the basic foundational skills of basic rifle marksmanship; and become proficient prior to moving on to a live fire scenario.

**Standards:** Be able to apply the skills learned in the drill fire manual and safety and successfully maintain and fire your assigned M4.

### First Aid

**Action:** Conduct First Aid

**Condition:** Given the proper supplies/equipment and a casualty with specified wound/injury during a given scenario while on a training mission.

**Standard:** Evaluate casualty; perform proper first aid for designated injury. Perform all steps IAW Instructor's material.

## Hand Grenades

**Action:** Employ Hand Grenades

**Conditions:** During daylight, given practice grenades (M69) with training fuses.

**Standards:** Select the appropriate throwing position, grip the hand grenade, prepare the grenade, and throw the hand grenade so it is within the effective range of the target.

## Land Navigation

**Action:** Conduct Land Navigation in a scenario-based environment.

**Condition:** In a field environment, given a certified Land Navigation course, map, compass, and graphic control measures, complete the course in the allotted time.

**Standard:** The Cadet, acting as a PL must Plan, prepare, and execute Land Navigation operations in a scenario-based environment. Receive a GO by navigating from one point to another and meeting all requirements for the Land Navigation.

## Machine Guns

**Action:** Maintain an M249 or M240B.

**Condition:** You have just returned from a mission with your loaded M249 or M240B and have been directed to conduct maintenance on your weapon. You have a small-arms case or a maintenance equipment case.

**Standard:** Clear, disassemble, clean, inspect, lubricate, assemble, and perform a function check on the M249 or M240B.

## Range Card

**Action:** Prepare a range card for your position.

**Conditions:** During daylight, in a defensive fighting position, given an assigned primary sector of fire with recognizable targets; a secondary sector of fire with recognizable targets; blank standard range cards DA Form 5517-R; a pencil; a lensatic compass; and a map of your assigned sector of fire.

**Standards:** Prepare a range card for your position. Sketch in the terrain in your assigned sector of fire. Located and sketched in magnetic north. Using the appropriate symbol. Sketched in sector limits, the gun symbol, and dead space. In the DATA section wrote in the weapon, the unit, and other required data. Sketched in terrain features that offer likely targets and numbered them in priority.

## Order and Formations of Movement

**Action:** Conduct individual, team, squad level movements.

**Conditions:** In a training environment, given your assigned weapon and a team or squad sized element; maneuver through different types of terrain; react to contact in different situations; engage the enemy; and learn the fundamentals of different types of maneuver formations.

**Standards:** Be able to successfully maneuver through different types of terrain and to react to enemy fire while maintaining the correct formation to overcome the objective.

## Battle March & Shoot/Stress Shoot

**Action:** Conduct individual Basic Rifle Marksmanship while stressed.

**Conditions:** In a training environment, given your assigned weapon; learn the fundamentals of marksmanship while stressed.

**Standards:** Be able to successfully to overcome the stress and complete objective by engaging and hitting targets.

## **Section 6 - Administrative Guidance**

**Cell Phones.** Cadets will retain their personal cell phones throughout camp. However, Cadet cell phone usage times will be directed by CST cadre.

**Medications.** All medications must be in the original labeled container [(Over the Counter (OTC) or prescription-to include birth control pills)] along with most recent clinical note prescribing the medication. Medical cadre members may, at their discretion, examine the contents of any unsealed bottle of medication to ensure the pills are all the same and consistent with the labeled contents.

1. Category III and IV controlled substances will be reviewed by medical cadre.
2. OTC medications for pain or allergies will remain with Cadets for ongoing use as intended and approved by the Food and Drug Administration (FDA); however, Cadets should be aware of the potential for the medication to mask symptoms of disease or injury. If the Cadet is taking the maximum daily recommended dose, the Cadet should be evaluated by a provider at the Cadet medical clinic. The major side effects of some OTC allergy medications are drowsiness and dehydration, both of which are dangerous in a field/training environment. Cadets concerned about allergies in the field environment should discuss this with the physician during their medical examination at CST.
3. Metabolic enhancers, stimulants, and creatine supplements of ANY kind are PROHIBITED and will be stored for the duration of CST. You may bring healthy non-perishable, pre-packaged snacks such as protein bars with you to Fort Knox. There will also be time and facilities available for local purchase.
4. All medications must be declared on DA Form 2807-1. Prescription medications will always remain in the Cadet's control.
5. Sharing of prescription drugs between individuals is illegal by both state and federal law. Cadets participating in the giving or receiving of prescription medications will be disciplined in accordance with the Uniform Code of Military Justice (UCMJ).
6. There is no list of recommended OTC drugs; however, Cadets should bring any OTC drugs they are currently taking with a min of 30-day supply.

**Personal belongings.** Personal belongings (i.e., rings necklaces) will be secured by cadre to safeguard and protect Cadet's property.

**Prohibited Items.** Cadre will confiscate the following:

1. **Weapons or ammunition of ANY type.** No knives with blades longer than three (3) inches. Disposition of confiscated weapons and/or ammunition will be determined by the appropriate authorities.
2. Pornography will be destroyed.
3. Controlled substances (unprescribed), tobacco, or alcoholic beverages of any type.



4. Tanker Boots, zipper boots and all cold weather boots will be confiscated and stored until completion of CST.
5. Large amounts of cash (more than \$500) will be safeguarded by cadre and will be returned upon completion of camp. Cadets will receive a hand receipt from cadre documenting the transaction.
6. Contact lenses are prohibited during all phases of Advanced Camp. You are required to wear prescription glasses in lieu of contact lenses at Advanced Camp.

**Postal Services.** Cadets should bring an initial supply of stamps, writing paper, and envelopes to CST. Mailboxes for outgoing mail are located throughout the CST footprint. All outgoing mail should include the CST address and the return address.

To send mail to Advanced Camp Cadets, use the following address format:

**CADET LAST NAME, FIRST NAME MI HQ,  
USACC, AC  
XX REGT, XX COMPANY, XX PLATOON (specify)  
24 RHINELAND STREET  
FORT KNOX KY 40121-5117**

**All mail received before 6 May or after 14 August will be returned to sender.**

To expedite delivery, packages sent to CST should NOT require signature, whenever possible.

### **Pay and Subsistence.**

1. Direct Deposit/Electronic Fund Transfer (EFT). All Cadets attending CST must have either a checking or savings account established prior to CST. Direct Deposit/EFT is mandatory for all CST attendees.
2. Cadets in a current pay status will be paid on the 1st and 15th of the month by EFT. Cadet pay will be deposited directly into the same account as the monthly stipend checks are deposited.
3. Family Separation. Green to Gold Active Duty (GTG-AD) Cadets who have dependents living with them are authorized Family Separation Allowance only if they successfully complete a minimum of 30 continuous days at AC. Once GTG-AD Cadets have returned to their home station, they will file a travel voucher through their ROTC Detachment. Upon payment of the travel voucher and receipt of the settlement voucher/notification, GTG- AD Cadets will submit DD Form 1561 with a copy of the settlement voucher/notification to USACC Headquarters and Headquarters Detachment (HHD), which will process the pay adjustment. Expect this process to take 1-3 months.
4. All Cadets should ensure funds have been deposited rather than assuming funds have been deposited into their applicable accounts.
5. During AC, Cadet Pay questions should be addressed through the Regimental HRA to the CST Pay Team for resolution. Following AC, Cadet Pay questions should be

addressed to the Detachment HRA or the Liaison at the CTLT, Nurse Summer Training Program (NSTP), and/or respective location.

6. Green To Gold (GTG)-Active Duty (AD) Option Cadets:

a. GTG-AD Cadets will earn their regular pay and entitlements during AC and follow-on-training (FOT).

b. Base Allowance for Subsistence (BAS). GTG-AD Cadets will have government provided meals deducted from their BAS while attending AC and FOT. The BAS deduction must be submitted by the Cadet/ROTC detachment following completion of AC to USACC HHD, which will process the pay adjustment. Expect this process to take from 1- 2 months. USACC HHD POC for actions is Mr. Eric Wells at (502) 624-5532 and [eric.a.wells4.civ@army.mil](mailto:eric.a.wells4.civ@army.mil).

**Common Phone Numbers And Websites.**

American Red Cross: 1-800-733-2767

CST Operations Center: 502-624-ROTC (secondary means of emergency contact)

[www.knox.army.mil/](http://www.knox.army.mil/)


[www.flickr.com/photos/136737541@N05/](http://www.flickr.com/photos/136737541@N05/)

<https://twitter.com/armyrotc>

[www.facebook.com/cadetcommand](http://www.facebook.com/cadetcommand)

In Case of emergency, your family may initiate a Red Cross message by calling the following number and providing the required information.



 American Red Cross	To contact your service member regarding an emergency, call 1-877-272-7337. Be ready to give the following information. (Keep in a safe place.)	
	Full Legal Name _____	
SERVICE TO THE ARMED FORCES	Social Security # (last 4 digits) _____	Date of Birth _____
	Branch _____	Rank _____ Duty Status _____
	Complete Military Unit Address _____ _____	
	Service Member's Telephone/Cell/Military (duty) #s _____ _____	
	Local Red Cross Phone # _____	
	A1739-08/11	

**Documents.** Cadets must report with all documentation outlined on the personnel records checklist. Refer to Fig. 6 – Personnel Records Checklist.

<b>It is your responsibility to coordinate with your HRA to ensure that you report with the appropriate documents.</b>			
<i>CST CADET PERSONNEL RECORDS CHECKLIST</i>			
CADET NAME (LAST, FIRST, MIDDLE NAME, NAME EXTENSION):			HOST SCHOOL:
The following documents must be hand-carried to CST by <u>ALL</u> Cadets, unless directed otherwise. Any incomplete or incorrect packets will cause delay at in-processing and may negatively impact the Cadet's ability to start training.			
INITIAL	QTY	DOCUMENT	REMARKS
	2	DAMPS Active Duty for Training orders (for all training)	
	1	DD Form 2983, Recruit/Trainee Prohibited Activities Acknowledgement	Must be signed within one calendar year of CST graduation date
	1	Follow-On Training documents (copy of orders and travel itinerary etc.), as applicable	Type: Location:
	1	Travel Itinerary and 1610, including all legs of travel	Do not schedule flights for prior to 1500 EST on graduation day.
	1	Valid Common Access Card (CAC) with known PIN (ALL Contracted Cadets)	A new CAC is required if expiration date is within 60-days of CST report date. Fort Knox does not waive the DoD proof of identification requirements for replacement CAC while in training. Ensure Cadets travel with 2 forms of valid identification
	1	Valid government-issued photo ID (non-contracted Cadets)	
	1 set	Identification Tags	All Contracted Cadets
	1	DD Form 93	Must be signed within one year and a copy uploaded into iPERMS, prior to reporting to CST
	1	SGLV Form 8286 (Servicemembers' Group Life Insurance Election and Certificate)	Signed form must be uploaded into iPERMS prior to reporting to CST
	1	Verify all bank and accounting information in CCIMM	Student/Cadet Information/Pay Tab
	Optional	Early Release Request (if applicable)	Requests for Cadet Early Release will be approved by CST TF Commander
HRA NAME, PHONE NUMBER AND EMAIL ADDRESS:			

**Figure 4- Cadet Personnel Records Checklist**



# Airport Reception Operations



Upon arrival, Cadets should collect bags and report to CST reception tables located at Baggage Carousel E. Personnel will assist with late baggage claims, account for Cadets and prepare Cadets and baggage for transport to Fort Knox. Cadets requiring additional assistance should report to the Fort Knox Reception Center, ticketing level.



**Change 1 to TAB A- (Contracted Cadet Packing List) to Appendix 6 (Cadet Packing List) to Annex F (Sustainment) to USACC OPORD 23-09-026 Cadet Summer Training**

**(BEFORE PACKING, CHECK WITH YOUR CADRE FOR ANY CHANGES AND TO ENSURE YOU ARE USING THE CORRECT LIST). Note: CADETS ARE REQUIRED TO BRING 2 SETS OF EYEGLASSES. THE USE OF CONTACT LENSES AT ADVANCED CAMP IS PROHIBITED DURING ALL PHASES.**

**NOTE: Coat, ACU OCP: Velcro or Sewn-on Name Tape and U.S. Army with USACC Patch only. No Combat Patches or Badges of any kind are authorized (i.e. Ranger Tab, Airborne, Air Assault, or any Battalion Identifying Patches etc...).**

Cadet Summer Training 2024 and Beyond Contracted Cadet Packing List (JAN 2024)						
MS Level:		Cadet Name:				
CST Regiment:		School:		Inspection Date:		
<b>** ACU clothing bag items will be in OCP pattern only**</b>						
Cadets will report to CST with signed copy of packing list and copy of KYLOC clothing bag records. PMS or designated representative will validate all Cadet baggage prior to departure.						
PGC	LIN	NSN	Nomenclature	Req	OH QTY	Campus Cadre Initials
<b>Clothing Bag Items issued at Program Level (Uniform Sizes are NSN specific, must be in OCP pattern)</b>						
04009	C05062	8415-01-630-8905	Cap, Patrol, Army Combat Uniform OCP	2		
03976	C05065	8415-01-623-5052	Coat, ACU OCP (Permethrin)	4		
93664		8455-01-524-4476	Patch, US Flag	2		
35608		8455-01-531-6334	Tape, US Army, ACU Velcro	4		
99204		8455-00-000-9995	Nametape, ACU Velcro	4		
29636		8455-01-528-8869	Patch, Unit, Cadet Command	2		
03977	T05051	8415-01-623-3923	Trousers, ACU OCP (Permethrin)	4		
04015	B05007	8415-01-630-9491	Belt, Rigger's, Coyote	1		
04011	T05049	8415-01-630-5523	T-Shirt, Moisture-Wicking, Coyote.	7		
02882	S89914	8440-01-508-3357	Socks, Boot, Black / Green.	7		
04039	B60315	8430-01-632-2475	Boots, Combat, Hot Weather OR			
04040	B13584	8430-01-632-5324	Boots, Combat	2		
04118	G05021	8415-01-644-4837	Gloves, Light Duty Utility, (LDUG)	1		
03983	T05044	8415-01-623-2516	T-Shirt, APFU, Short Sleeve	2		
03982	T05042	8415-01-623-2466	Trunks, APFU	2		
36096	B14729	8465-01-604-6541	Bag, Duffel, Nylon, Improved	2		
<b>OCIE items issued at Program Level (Camouflage patterns can be mixed (UCP with OCP))</b>						
29011	R97425	8465-01-525-0578	Rifleman Set, MOLLE, components A thru F below: <b>(Build a complete Core Rifleman Set before ordering a new one)</b>	1		
29001	DA655K	8465-01-525-0577	A. Fighting Load Carrier, MOLLE	1		
29009	DA6593	8465-01-525-0589	B. Pouch, Hand Grenade, MOLLE	2		
29010	DA6562	8465-01-525-0606	C. Pouch, M4 Two Mag, MOLLE	3		
29008	DA6588	8465-01-525-0585	D. Pouch, Canteen, General, MOLLE	2		
28970	DA653Y	8465-01-524-5232	E. Carrier, Hydration System, MOLLE	1		
28969	DA657E	8465-01-524-5250	F. Pack, Assault, MOLLE	1		
28701	DA651E	8465-01-519-2304	Bladder, Hydration System (Multiple sizes available. Match bladder size with hydration carrier)	1		
29128	DA650F	8465-01-524-8368	Pack, Frame, MOLLE	1		
91709	DA654J	8465-01-524-5285	Ruck, Large, MOLLE	1		
28967	DA6517	8465-01-524-7232	Waistbelt, Molded, MOLLE	1		
29004	DA6545	8465-01-524-8407	Carrier, Entrenching Tool, MOLLE	1		
28966	DA652Z	8465-01-524-7240	Straps, Shoulders, Frame, MOLLE	1		
28968	DA655V	8465-01-524-7226	Pouch, Sustainment, MOLLE	2		
28992	DA657S	8465-01-524-8415	Buckle, Male Shoulder, MOLLE	2		
28958	DA657W	8465-01-524-7241	Load Lifter Attachment, MOLLE	2		
<b>Modular Sleep System:</b>						
21267	DA658Z	8465-01-398-0685	Bag, Patrol, Sleeping / Foliage Green / X-LG (MSS)	1		
77777	DA6506	8465-01-416-8517	Bivy Cover Sleeping (MSS)	1		
77777	DA659E	8465-01-547-2670	Stuff Sack Large Compression Blk (IMSS)	1		
21228	M24944	8465-01-393-6515	Mat Sleeping (Foam Pad or Self inflating)	1		
NA	MC20CH	5120-00-878-5932	Entrenching Tool (E-Tool) Hand, Folding, Heavy-Duty	1		
34494	K34733	8470-01-092-7527	Helmet, Ground Troops / Parachutist (PASGT) (CIF does not have the parts to service the old	1		
03129	H53175	8470-01-529-6329	kevlar) OR Helmet, Advanced Combat (ACH)	1		
03113	C28472	8415-01-521-8808	Cover, Helmet	1		
10328	DA151M	8415-01-524-5842	Helmet, Band Camouflage (Cat eyes)	1		
NA	HA4084	4240-01-630-8327	Spec Industrial ESS Crossbow w/case or UVEX XC Eyewear, Blk Frame	1		
03144	DA1556	8415-01-530-2157	Elbow Pads	1		
03143	DA1588	8415-01-530-2350	Knee Pads	1		
04713	C96536	8465-01-115-0026	Canteen, 1 Quart, Water, Plastic	2		
10404	F54817	8465-00-165-6838	Cup, Canteen	1		
NA	J05017	8415-01-641-0778	Jacket, Extended Cold Weather, GEN III Layer 5 (issued via ODO)	1		
NA	T57106	8415-01-527-1551	Trousers, Extended Cold Weather, GEN III Layer 5 (issued via ODO)	1		
32523	P17415	8405-01-547-2555	Poncho, Wet Weather (May issue 8340-01-600-4807 TARP if available)	1		
32522	L70789	8405-01-547-2559	Liner, Wet Weather, Poncho	1		
06284	B13907	8465-00-530-3692	Bag, Barracks	1		
42193	B15825	8465-00-261-6909	Bag, Waterproof	1		
28979	DA654S	8465-01-524-7638	Pouch, External Medical	1		
<b>Packing List Validation</b>						
Date:		Host School:				
Inspector Rank, Name:			Inspector Signature:			
PMS Name:			PMS E-mail and Phone Number:			
School POC:			Phone Number:			
<b>Items issued at Program level</b>				<b>Req</b>	<b>O/H QTY</b>	<b>Campus Cadre Initials</b>
CST Packing List Inventory Signed by Campus Cadre				1		
Ranger Handbook				1		
Camouflage Stick - Light Green / Loam				2		
550 Cord (Green / Black)				30M		
Protractor, Map				1		
Compass, Lensatic (2 preferred if available at program)				1		
Belt, Reflective, Yellow				1		



Individual Cadet provides the following items:				
Civilian Apparel- For 'travel' and off duty activities' while at CST (i.e. family day) the prescribed 'uniform' is as follows: <b>Cadets will carry a set of PTs (PT SS shirt, PT shorts) and running shoes in their carry-on baggage.</b>	Req	O/H QTY	Campus Cadre Initials	
Pants, Khaki, or conservative length khaki shorts (one pair will be used for travel)	2			
Shirt, polo / golf style, in solid color (preferably school and / or ROTC branded) (one will be used for travel)	2			
Shoes, weather appropriate (no open toe shoes allowed)	2			
(NO inappropriate clothing, tank tops, t-shirts with foul/profane language, short shorts, etc. No athletic style clothing will be worn on family day, travel days or after graduation.)				
Underwear, cotton	7 (min)			
Socks, Athletic, plain white or black (Must cover / be above ankle but no higher than mid calf. No stripes or logos)	6			
Shoes, Running	1			
Towel, Bath, Brown	2			
Shoes, Shower	1			
Padlock, Combination (keys are often lost)	3			
Tags, Identification w / medical tags if required	1 Set			
Wristwatch	1			
Headlamp w / red lens (extra batteries and bulb)	1			
Pad, Writing, pocket size for notetaking (write in the rain preferred)	As Req			
Pencil, mechanical, 0.5mm	3			
Pen, Black Ink	As Req			
Personal Hygiene Items (min 30-day supply required)	As Req			
Wipes, Baby or Towelettes, Cleansing (80 pack)	1			
Sunscreen	1 (min)			
Mirror, small, portable, shaving	1			
Razor w / 4 blades and Cream, Shaving	As Req			
Toothbrush and Toothpaste	As Req			
Clipper, Nail	As Req			
Soap, bar w / Soap Container (unscented)	As Req			
Comb / Brush	As Req			
Deodorant	As Req			
Spray, Bug (DEET)	1 (min)			
Detergent, Laundry (High Efficiency <b>ONLY</b> )	As Req			
Prescription medications: Must be in original labeled container (over the counter or prescription, to include birth control pills) along with most recent clinical note prescribing medication. Medical Cadre members may, at their discretion, examine contents of any open bottle of medication to ascertain pills are all same and consistent with labeled contents. <b>MUST DECLARE DURING MEDICAL INPROCESSING.</b> (USACC Circular 145-5, pg 9)	As Req			
Cadet-Provided Optional Items				
Cap, Synthetic Microfleece, Green or Black (PT Cap)	1			
T-Shirt, Cotton, Sand (Recommend additional t-shirts for AC Cadets due to extended FTX)	3			
Shorts, spandex, grey or black, no logo	2			
Socks (Black / Green) (Recommend additional socks for Advanced Camp Cadets)	7			
Dryer, Hair	1			
Kit, Sewing	1			
Beads, Pace Count	1			
Cord, Bungee, med size (black / brown / green / ACU)	5			
Bag, Zip-Lock, Gallon Size	10			
100 mph Tape (green)	10ft min			
Washcloth, White or Brown	2			
Alcohol Markers	1 pack			
Mandatory Female additional items				
Underwear, Cotton (White, black, or neutral color as per AR 670-1 20-28a(2))	7			
Bra, Sports, suitable for running (White, black, or neutral color as per AR 670-1 20-28a(2))	5			
Hair accessories, plain design, matching hair color	As Req			
Wipes, Feminine / Additional Baby Wipes UNSCENTED (About 2-3 per day, 20-day supply)	As Req			
Personal Feminine Hygiene Items (20 days for the field in the A bag or Ruck Sack)	As Req			
Pads/Tampons (unscented, recommend w/applicator, additional ziplock bags for storage of used / unused products)	As Req			
Optional Female additional items				
If Birth Control is utilized, the following methods are authorized during training: (Recommend birth control method be implemented 90 days prior to training)				
Intrauterine Devices (IUD) <b>Mirena, ParaGard ONLY</b>				
Birth Control Pills (45-day supply)	As Req			
Patch (Ortho-Evra is <b>NOT</b> recommended)				
Implant - <b>Nexplanon</b>				
Female Urinary Diversion Device (FUDD) or similar Item NSN: 4510-01-470-2805 (or neutral color if purchasing non-Army issued model)	1			
Packing List Validation				
Date:	Host School:			
Inspector Rank, Name:	Inspector Signature:			
PMS Name:	PMS E-mail and Phone Number:			
School POC:	Phone Number:			